

HE'AKEZ B'HOL NISHLAT -- We will hold our position ---- : -- LINE DANCE

Dance: Yosef Ashrial
 Music: Dov Beltzer
 Lyrics: Ze'ev Havatzelet

Descriptions written by Kenneth Spear.
 Approved by Rivka Sturman on her visit
 to the USA in 1965.

Formation: Open circle, leaders on both ends. Hands joined and down.

Part I Music A 4/4 meter.

- | Meas. | Count | |
|-------|-------|---|
| | | Four count grapevine, CW; stamping and bending forward on first count led by leader on the left end of the open circle. |
| 1. | 1 | Stamp with right foot crossing in front of L. |
| | 2 | Step left foot to left |
| | 3 | Step with the right foot, crossing behind the left |
| | 4 | Step with the left foot to the left. |
| 2-4 | 5-16 | Repeat grapevine pattern 3 more times, on count 16, face the center. |
| 5 | 17 | Extend right foot, placing heel on ground, with light stamping action. |
| | 18 | Bend both knees |
| | 19-20 | Repeat counts 17-18. |

Part II Music B 4/4 meter. At this point, all dancers look to the leader on the right, who improvises different figures for Part II, Music B. The other dancers follow his improvisations.

- | Meas. | Count | |
|-------|-------|---|
| 1-4 | 1-16 | Improvisations of the leaders. |
| 5 | 17-20 | Four running steps in place, lifting knees high, beginning with the right foot. The leader on the right runs with four steps to the left end of the open circle, and leads the grapevine pattern of part I, CW. |

The person who was standing next to the leader on the right, will become the leader for the improvisation when the B melody is again played.

Some samples of improvisations (16 counts) are:

- Figure 1
- | Count | |
|-------|--|
| 1 | Facing center, step with a stamping step to the right on the right foot. |
| 2 | Hold |
| 3 | Close left foot to the right, bending both knees |
| 4 | Hold |
- (repeat for a total of 16 counts)
- Figure 2 Facing center. Lean back and do a 16 count scissor kick, beginning with the right foot, kicking in front, one kick for each count.
- Figure 3 Facing center. 16 count scissor kicking step behind, beginning with the right foot.
- Figure 4 Facing right and traveling CCW, do a down up running step as follows:
- | Count | |
|-------|--|
| 1 | Step right foot forward CCW, bending knee (sinking effect) |
| 2 | Step left foot forward CCW, straightening up. |
- Do this for a total of 16 counts.