

NEDA VODA NALIVALA

(Macedonia)

This is a favorite dance of the Moslem women in the village of Belica in that portion of Macedonia (Pirin) now included within Bulgaria. It belongs to the category of so-called "čardak" dances, so named because they are usually performed in the confined courtyards or veranda-like balconies ("čardaci") that partially encircle the typical local houses. "Čardak" dances are always simple in their movements and are restricted in the amount of space they cover.

Pron.: neh'-dah vo'-da nah-lee-vah'-lah

Music: 1) Festival 4116-A  
2) Balkanton 214-A, Bd. 4

Formation: Open circle of women, hands joined at shoulder height, elbows bent. Leading dancer carries a handkerchief in her R hand, occasionally flourishing it gently.

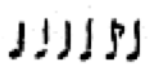
Styling: Bearing is erect and poised, style is calm and restrained. The chukche of ct. 1 never becomes a hop, and the step in ct. 5, though quick, does not have any trace of a dip.

Rhythm: The dance is a 6-count pattern, in a slow-slow-slow-slow-quick-slow rhythm. The music is conventionally written in 11/8 meter:

|                 |   |   |   |   |   |   |
|-----------------|---|---|---|---|---|---|
| Count:          | 1 | 2 | 3 | 4 | 5 | 6 |
| Rhythm pattern: | S | S | S | S | Q | S |
| Dance beat:     | ↓ | ↓ | ↓ | ↓ | ↓ | ↓ |

MEASURE

PATTERN

- 1  Facing center, chukche (come down on heel) on Lft in place, R is raised a bit forward off ground, R knee slightly flexed (ct. 1); facing and moving R, take 3 walking steps R,L,R, one per beat (cts. 2-3-4); step onto Lft in front of Rft (ct. 5); shift weight back on Rft in place, facing center (ct. 6).
- 2 Repeat movements of Meas. 1 with opposite footwork and direction.
- 3-4 Repeat movements of Meas. 1-2.
- 5 Same footwork as Meas. 1, but facing center throughout and moving toward center.
- 6 Same footwork as Meas. 2, but facing center throughout and moving backward, i.e. away from center.
- 7-8 Repeat movements of Meas. 5-6.

Presented by Dick Crum  
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