NEVENO MORI NEVENO

(East Macedonia)

Source: Saško Anastasov Formation: Open circle with a "V" hold Music: 4/4 Meas

Figure I (Singing)

- 1 Facing slightly L of center, Step Rft in front of Lft (ct 1); step Lft in place (ct &); step Rft to R and slightly back (ct 2); step Lft in place (ct &); step Rft in front of Lft (ct 3); step Lft in place (ct &); step Rft to R and slightly back (ct 4); hop on Rft and bring Lft hop and turn to face slightly R of center (ct &).
- 2 Reverse direction and ftwk of meas 1.
- **3-6 Repeat action of meas 1-2.**

Figure II (Instrumental)

- 1 Facing R of center, hop on Lft and lift R knee up and move to R (ct 1); Step Rft fwd (ct "ee"); Step Lft fwd (ct &); repeat this hop-step-Step (cts 2, "ee', &); run fwd Rft (ct 3); run fwd Lft (ct &); run fwd Rft (ct 4); run fwd Lft (ct &).
- 2 Repeat action of meas 1 of Figure II.
- 3 Repeat action of meas 1 of Figure II except, hop Rft and lift Lft up on last Ct 4& (ct 4&).
- 4 Continuing fwd to R, reverse the ftwk of meas 3 of Figure II and finish by Hopping on L and turning to face L of center (ct 4&).