

1975 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Atanas Kolarovski

NEH-~~VEN~~-~~STEN~~-SKOH
~~MAKA~~ NEVESTINSKO THE BRIDE DANCE
(Central Macedonia)

TRANSLATION: A women's bridal dance from around Bitola, learned by the bride to be prior to her wedding and danced with other new brides of up to five years following her in the line. The dance is danced for village holidays, religious celebrations and weddings.

RECORD: ~~See errata~~ MAKEDONSKI TANEC AK-004 SIDE A, BAND 3

FORMATION: Line dance, arms are held up and slightly fwd from the elbow. R ft free.

RYTHM: 7/8 (Slow-quick-quick)

STYLE - ALL STEPS DONE BY STEPPING ON TOE & MOVING TO FULL FT WITH PLIE. RISE ON BALL OF SUPPORTING FT BEFORE

7/8

Meas

- 1 Facing slightly and moving R, step R forward, step L together, step R forward.
- 2 Repeat meas 1 starting with L
- 3 Continuing in R-LOD Walk R fwd, walk L fwd.
- 4 Turning to face ctr, step R sdw, step L together, step R in place
- 5 Moving twd ctr, step L fwd, step R together step L in place
- 6 Moving on angle in R-LOD, walk R fwd, walk L fwd
- 7 Turning to face ctr, step R sideward step L together, step R in place
- 8 Moving twd center, step L fwd, step R together step L in place
- 9 Moving straight back, step R bwd, step L together, step R in place
- 10 Turning to face L LOD, walk L fwd, walk R fwd
- 11 Turning to face R-LOD, walk L bwd, walk R bwd
- 12 Turning to face ctr, step L sideward, step R together, step L in place.

NOTE: Step-together-steps are done stepping on the toe of the foot and moving to the heel with a plie of the knee.

SUPPLE ANKLES
ENTIRE DANCE

Description by Virginia Topitzes