

NEVESTINSKO HORO
Macedonia

PRONUNCIATION: Nay-ves-tinsko ho-ro

SOURCE: Learned from native in Bulgaria.

RECORD: Folk Dancer MH 3050, or LP MH 1

FORMATION: Open circle of W, hands held fwd, head ht, arms gently curved.

NOTE: This dance is reserved for the newlywed women of the village. Because of their new social position they are not allowed to dance or even look at other men, so they have their own horo. It is solemn and slow. Because the costumes are thick and heavy only feet and knee moves. Leaders carried handkerchiefs. It is an old dance from Debar.

RHYTHM: The 7/8 rhythm is most easily broken down into a "slow-quick-quick" pattern. There are 10 meas in melody.

Measures	Count	PATTERN (done to singing)
1	1	Move RF in a small arc fwd to R. Let head follow feet.
	2	Place RF on ground to R, but don't put wt on it.
	3	Put wt on RF.
2	1	Continuing to R, bring LF fwd in air.
	2	Continuing to R, place LF on ground, but don't put wt on it.
	3	Put wt on LF.
3		Same as meas 1.
4	1	Step onto LF in front of RF, raising RF a bit in back.
	2	Slow lift in this pos, & come down again.
	3	Slow lift in this pos, & come down again.
5	1	Step back on RF, leaving LF extended slightly fwd.
	2	Slow lift in this pos, & come down again.
	3	Slow lift in this pos, and come down again.
6	1	Step LF in back of R heel, moving bkwd.
	2	Step RF in back of L heel, moving bkwd.
	3	Pause.
7	1	Feet together, raise on toes & come down on both heels. No hand movements.
	2	Pause.
	3	Pause.

NEVESTINSKO HORO (con't)

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| 8 | | Repeat movement of meas 7. |
| 9 | 1 | Step onto RF across in front of LF. |
| | 2 | Slow lift & come down again. |
| | 3 | Slow lift & come down again. |
| 10 | 1 | Step onto L in its pos. |
| | 2 | Step R with R. |
| | 3 | Step on LF across in front of RF. |

DURING INSTRUMENTAL INTERLUDE:

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| 1-10 | 1 | Dancers face R, move to R, with walking steps, |
| | 2 | 1 per beat (3 per meas): RLR LRL RLR LRL, |
| | 3 | RLR LRL RLR |