

Nevrokopsko

Bulgaria (Pirin)

Nevrokopsko (NEHV-roh-kopp-skoh), from the village of Ljaski in the Gocë Delchev (formerly Nevrokop) region of Pirin, Bulgaria, was taught as Ljaskovsko Horo (LYASS-koff-skoh hoh-ROH) at the 1986 North-South Folkdance Teachers' Symposium and the 1987 Stockton Folk Dance Camp by Yves Moreau, who had learned it from Todor Svetkov in June, 1986. More recently it has been taught as Nevrokopsko Oro at Mendocino Folklore Camp 2004 by Larry Weiner, who learned it at Koprivshitsa 1981, and as Nevrokopsko (Ljaski) at MFL 2005 by Steven Kotansky, who learned it from Maria Eftimova. It differs in rhythm and pattern from the Pravo-type dance, Nevrokopsko Horo, taught by Yves Moreau at the 1999 Kolo Festival.

Music: Cassettes: Yves Moreau - 13th Annual North-South Folkdance Teachers' Seminar, Side A/6; also Bulgarian Folk Dances, 40th Anniversary of SFDC, Side A/5. Iliana Bozhanova & Lyuben Dossev - IBLD #8, 2001, Side B/13 (Prëla Băba)

CDs: Steven Kotansky: Mendocino Mix, Band 10. Larry Weiner: Balkan Dance CD -- Bulgarische Tanze mit Maria Eftimova Karaleeva - VAW CD-ME-990144

Video: Stockton Folk Dance Camp, 1987.

Rhythm: meter = 8/8 = 2/8 + 3/8 + 1/8 + 2/8, counted here as 1, 2, 3, 4 or Q, S, ah, Q.

Formation: Mixed dancers in open circle or line, hands joined down in V-pos.

Steps: Hop-Step-Touch R (Hop-Step-Touch L uses opp ftwk.): Small hop on R to end facing ctr (ct 1); step slightly fwd on L (ct 2); bending supporting L knee, touch ball of R ft fwd (ct 3); straightening knee, raise R ft slightly above floor (ct 4).

Styling: Fairly light steps, upper body erect.

Meas	8/8 meter	Pattern
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INTRODUCTION. Begin on any musical phrase, as chosen by leader on the right.

I. FORWARD IN LOD

- 1 Facing LOD, hop on L (ct 1); step fwd on R in LOD (ct 2); step on L beside or slightly behind R (ct 3); step fwd on R (ct 4).
- 2 Repeat meas 1 with opposite ftwk.
- 3-4 Repeat meas 1-2. With many repeats, the leader may serpentine the dance.

II. FORWARD IN LOD WITH A TOUCH

- 1 Dance Fig I, meas 1.
- 2 Hop-Step-Touch R.
- 3-4 Repeat meas 1-2.

III. FORWARD IN LOD TWICE WITH A TOUCH

- 1 Facing R of ctr, hop on L (ct 1); moving in LOD, step fwd on R (ct 2); step on L across in front of R (cts 3-4).
- 2 Continuing in LOD, hop on L (ct 1); moving R ft close to floor, step fwd on R (ct 2); step on ball of L ft slightly behind R (ct 3); step on R in LOD (ct 4).
- 3 Hop-Step-Touch R.

IV. SIDEWAYS IN LOD TWICE WITH A TOUCH

- 1 Facing ctr, hop on L (ct 1); step to R on R (ct 2); step on L beside R (ct 3); step on R to R (ct 4).
- 2 Step on L beside R (ct 1); step on R to R (ct 2); step on L beside R (ct 3); step on R to R (ct 4).
- 3 Hop-Step-Touch R.

V. SIDEWAYS IN LOD WITH ARM SWINGS AND A TOUCH

- 1-2 Dance Fig I, meas 1-2.
- 3 Turning to face ctr, dance Fig IV, meas 1, as straight arms, with hands joined in V-pos, swing fwd-up (ct 1); down-back (ct 2); down (cts 3-4).
- 4 Hop-Step-Touch R, repeating arm swings.

VI. SIDEWAYS IN LOD WITH THREE TOUCHES

- 1 Facing ctr and moving in LOD, small hop on L (ct 1); step on R to R (ct 2); step on L beside or slightly behind R (ct 3); step on R to R (ct 4).
- 2-4 Hop-Step-Touch R; Hop-Step-Touch L; Hop-Step-Touch R.

VII. SIDEWAYS IN LOD & RLOD WITH FWD AND BACK

- 1 Dance Fig V, meas 1.
- 2 Facing ctr, hop on R (ct 1); step fwd L (ct 2); lift on L, raising R behind (cts 3-4).
- 3 Hop on L (ct 1); step back R (ct 2); lift on R, raising L fwd (cts 3-4).
- 4 Repeat meas 1 with opposite ftwk and direction.
- 5-8 Repeat meas 3-2-3-4.

These figures from our three sources are assembled from one-measure patterns. Given the diversity of potential sources, a large variety of figures is possible. We have not included, for example, the options offered by Larry Weiner with separate lines, patterns and styling for men and women.