

# Nevrokopsko Oro

(Pirin, Bulgaria)

**Source:** As seen danced by dancers from the Goce Delchev (Nevrokop) area of Pirin, Macedonia (Bulgaria) at the Koprivshitsa Festival in Bulgaria, summer of 1981.

**Pronunciation:** Nev-row-kop-sko Oro

**Formation:** When I observed this dance in 1981, men and women started out in different lines (men using a shoulder hold "T"; and women holding hands at shoulder height "W" and close to each other.) Each line was doing different steps as described below, but ended up merged into a single line doing the women's step. I suspect this particular characteristic (2 lines doing separate steps merging into one) was more a creation of the local choreographer rather than a reflection of how the dance is traditionally danced. Yves Moreau presented a similar dance from the same area some number of years ago, however, that version takes 8 measures to complete the step pattern, whereas this version has a 3 measure step pattern.

**Rhythm:** 8/8 (2 + 3 + 3) or (2 + 3 + 1.+2)  
 Quick-Slow-Slow or Quick, Slow, Very-Quick, Quick)  
 1 2 3 1 2 & 3

**Record:** Mendocino Folklore Camp 2004 – Larry Weiner Balkan Dance CD  
 Bulgarische Tanze mit Maria Eftimova Karaleeva - VAW CD-ME-990144  
 To Bulgarian Folklore with Love – ILDB#8 – Track #13 – Prela Baba

<u>Meas.</u>	<u>Ct.</u>	<u>Women</u> (Hands held in "W" position)
1	1	Facing center, hop slightly on LF, simultaneously free RF is extended slight fwd close to ground.
	2	Turning to face slightly CCW, step fwd (CCW) onto RF.
	&	Step up onto ball on LF bringing it up to, and slightly behind R-Heel.
	3	Continuing CCW, step on fwd onto RF.
2	1	Continuing CCW, Step up onto LF bringing it up to, and slightly behind R-Heel. As you step onto LF move RF fwd in air (low to ground) in LOD.
	2	Continuing CCW, step on fwd onto RF.
	&	Step up onto ball on LF bringing it up to, and slightly behind R-Heel.
	3	Continuing CCW, step on fwd onto RF.
3	1	Hop in place on RF, turning to slightly L to face center.
	2	Facing slightly left of center, step onto LF, moving it slightly behind RF.
	3	Facing slightly left of center, Hop on LF in place, simultaneously free RF is extended slightly fwd close to ground.
		<u>Men</u> (arms extended sideways, hands on near shoulder of person next to you)
1	1	Facing center, and moving CCW (to R), Hop on LF.
	2	Step sideways to R onto RF.
	&	Hop on RF.
	3	Continuing R, Step onto LF crossing it in front of RF.

## Nevrokopsko Oro (Continued)

<u>Meas.</u>	<u>Ct.</u>	<u>Men (Continued)</u>
2	1	Facing Center, Hop on LF, lifting free RF in front, R-Knee bent.
	<u>2</u>	Step in place onto RF, simultaneously swinging free L-Heel slightly to L, L-Knee bent.
	<u>3</u>	Hop in place on RF, simultaneously swinging free LF down in front touching L-Toe fwd.
3	1	Facing Center, Hop on RF, lifting free LF in front, L-Knee bent.
	<u>2</u>	Step in place onto LF.
	<u>3</u>	Hop in place on LF, simultaneously swinging free LF down in front touching R-Toe fwd.
<u>Men &amp; Women together</u> (Hand held in "W" position)		
1	1	Facing center, and moving CCW (to R), Hop on LF.
	<u>2</u>	Turning to face CCW, Step fwd to R onto RF.
	&	Hop on RF.
	3	Continuing R, Step onto LF crossing it in front of RF.
2	1	Continuing CCW, Hop on LF. As you hop onto LF move RF fwd in air (low to ground) in LOD.
	<u>2</u>	Continuing CCW, step on fwd onto RF.
	&	Step up onto ball on LF bringing it up to, and slightly behind R-Heel.
	3	Continuing CCW, step on fwd onto RF.
3	1	Hop in place on RF, turning to slightly L to face center.
	<u>2</u>	Facing slightly left of center, step onto LF, moving it slightly behind RF.
	<u>3</u>	Facing slightly left of center, Hop on LF in place, simultaneously free RF is extended slightly fwd close to ground.

Note: This dance can be dance either in separate lines of Men and Women each dancing their own respective step patterns, or, together using the "Men & Women together" pattern.

Presented by Larry Weiner  
Mendocino Folklore Camp 2004