

# Nieder-Bayerische Mazurka

(Germany)

Nieder-Bayerische Mazurka (NEE-der-BUY-rish-eh mah-ZOOR-kah) comes from lower Bavaria. Morry Gelman, who introduced the dance at the 1979 University of the Pacific Folk Dance Camp, says that he learned it from folk dance groups in Munich, and that it is widely done throughout the area.

MUSIC: Record: Tanz EP 58106 3/4 meter  
FEP 502 Side A, Bands 1 and 2.  
NOTE: Band 2 is Band 1 played twice through.

20 FORMATION: Cpls, at random on floor, ptrs facing, hands joined straight across, M back to ctr.

STEPS Walk;\* Mazurka: Low leap onto R, bending body fwd (ct 1); low leap onto L beside R, and straightening body (ct 2); hop on L (ct 3). Also done beg leap onto L.  
STYLING: Step does not alternate.

\*Described in STEPS AND STYLING, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, California 94541.

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MUSIC 3/4 PATTERN

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Measures

4 meas INTRODUCTION No action.

I. STEP, TOUCH AND TURN

- 1 Step sdwd LOD on ML-WR (ct 1). Touch toe of free ft (MR-WL) twice on floor across in front of opp ft (cts 2,3).
- 2 Repeat action of meas 1, opp ft and direction.
- 3 M place hands at small of own back, W place hands on own hips. Beg outside ft (ML-WR), each turn once around (M-CCW, W-CW) with 3 steps, at same time progressing LOD.
- 4 Repeat action of meas 3 exactly. Finish in closed pos, both facing LOD.
- 5-6 Beg ML-WR, take 2 vigorous Mazurka Steps in LOD (ct 1 is a little stamp).
- 7-8 Still in closed pos, cpl turn once CCW in place with 6 walking steps.
- 9-16 Repeat action of meas 1-8.

II. MAZURKA, WOMAN TURNS

- 1-4 Repeat action of Fig I, meas 5-8.
- 5-6 Raise ML-WR joined hands. W, beg R, walk 3 steps twd ctr under raised hands; turn 1/2 CCW and return to place with 3 steps.  
M mark time in place with 6 steps. Ptrs look at each other.
- 7-8 M continue to mark time in place while W turns twice CW in place under ML-WR joined hands.
- 9-16 Repeat action of meas 1-8 (Fig II).  
Repeat dance from the beginning.

NOTE: Introduction music occurs again in middle of Band 2. During this Interlude, just swing joined hands fwd (LOD) and bkwd (RLOD).

Dance is done twice on Band I and four times on Band II.

