

Presented by Morry Gelman

NIEDER-BAYERISCHE MAZURKA  
Germany

This couple dance from the Lower Bavaria was learned by Morry Gelman from folk dance groups in Munich. It is danced widely throughout the area. The dance was originally written up in Spinnradl Unser Tanz by Schutzenberger & Derschmidt.

PRONUNCIATION: Nee-der Bigh-rish-eh Man-zoor-kah

RECORD: Tanz (EP) 58106 or  
Festival 502, Side 2, Band 1

FORMATION: Cpls in a circle, M with back to ctr, hands joined straight across with ptr.

STEPS: Mazurka Step: Step L fwd, bend slightly (ct 1); step R fwd, straighten body (ct 2) hop on R (ct 3). Ftwk is described for M, w use opp ftwk..

3/4 METER

PATTERN

Meas.

INTRODUCTION: 4 measFIG. I:

- 1 Step in LOD on lead ft (ML, WR) (ct 1); cross free ft over lead ft and touch toe to floor twice (cts 2-3).  
2 Repeat meas 1 with opp ftwk and direction.  
3-4 Release hands and place in small of own back, move in LOD with two (2) three-step pivoting turns. Finish in closed social dance pos facing LOD. M begin L, W R.  
5-6 Two (2) Mazurka steps moving vigorously in LOD. M begin L, WR.  
7-8 Cpls turn once CCW in place with 6 walking steps. M begin L, WR.  
9-16 Repeat meas 1-8.

FIG. II:

- 1-4 Repeat Fig. I, meas 5-8 (2 Mazurka steps in LOD, cpls turn CCW in place).  
5-6 Releasing M R, W L hands, W walk twd ctr with 3 steps - step R,L,R; W then make 1/2 turn CCW (R) and walks out to place with 3 steps - L,R,L. M mark time in place.  
7-8 W turn CW (R) twice with 6 steps, beginning R under joined hands (ML, WR).  
9-16 Repeat meas 1-8.

Repeat dance from beginning.