

NIGHTS OF GLADNESS
American

Couples

Music: Recordings: - Skating Rhythms SR 150A; Coast 7034; Imperial 1124.
Formation: Couples in open position form a circle facing CCW, inside hands joined and extended backward.

music meas.	pattern
A. 1	<u>Step-back to back</u> - Couples step forward on outside ft. (M's L, W's R) ct.1, swing inside ft, fwd and swing inside joined hands fwd, and turn back to back, cts 2,3.
2	<u>Step-face to face</u> - Step on inside ft (M's R, W's L) ct.1, swing outside ft, fwd, and swing ing joined hands bwk and turning face to face (c.2,3)
3-4	<u>Step and Close</u> - Step on outside ft, swinging inside ft and joined hands slightly fwd, and at the same time turning back to back, (cts.1,2,3) Step on the inside ft. (M's R, W's L) (ct.1) joining both outstretched hands with partner (back to back), close the outside ft to the inside ft, (M's L to R, W's R to L) (cts. 2,3).
5-6	<u>Step and draw</u> - Still back to back and with outstretched hands joined, step on outside ft. (M's L, W's R) (ct.1), draw the R to L (M's part, W opposite feet) (cts.2,3). Repeat.
7-8	<u>Step and close</u> - Step on M's l (W's R), dropping fwd hands (M's R, W's L) and turn away from each other (M to L, W to R), to face each other (cts. 1,2,3). Rejoing M's R and W's L hands as you step on R (M's part) (ct.1), closing L to R (cts 2,3) (W opposite).
B. 9-10	<u>Step-swing</u> - With both hands still joined and facing each other M steps to L on L (ct.1), swings R across L (cts 2,3); steps R on R (ct.1), swings L across R (cts. 2,3). (W opposite).
11-12	<u>Step side and step-swing</u> - M steps to L on L (cts 1,2); steps on R in back of L (ct.3), steps on L (ct.1), swings R across L, (cts 2,3) (W opp.)
13-16	Repeat measures 9-12 starting M R and W L.
A. 1-8	Repeat measures 1-8 - 24 cts.
C. 9-16	<u>Waltz</u> - In closed position (M's back to center of circle), take a preparation dip back on M's L (W fwd on R) (cts. 1,2,3). Take 6 waltz steps (M starts fwd on the R ft.) circling to R and progressing CCW.-18 cts. M twirls W to her R (3 cts.).

Continue repeating dance in this order - - A,B,A,C, - A,B, A,C. etc.

-- presented by Mildred Buhler