

I REMEMBER - Hedarim IV,
Side A, band 4

MUSIC: Toby David
DANCE: Shlomo Bechar

LADING:

NIGUN NIGUNIM
(Melody of the Melodies)

FORMATION: Circle, facing center, holding hands.

PART I

- 1 " 4 Moving to the right side, a small hop on the right foot while raising arms, then join the left immediately in back of the right (ct. 2), then hold, and hold (bring arms down).
- 5 " 7 Moving to the left side, cross with the right foot (bent knee) in front of the left, step on left, and cross again with the right (bent knees) in front of the left.
- 8 - 9 Moving sharply to the center with a quick swing-cross left foot over the right, and a quick swing-cross right foot over the left.
- 10 Hold.
- 11 Snap fingers in front of chest (don't cross hands).
- 12 Repeat 11.
- 13 Stamp back vigorously on the left ball of the foot.
- 14 Hold.
- 15 - 16 Turning CW from the center back into the circle in 2 steps on right, then left (close) while snapping fingers with arms raised up high. Finish facing the center.
- 17 Bend both knees while snapping fingers in front of chest.
- 18 Hold.
- 19 - 36 Repeat 1-18

PART II

- 1 " 2 Moving to your left side (CW) hop on the left foot softly landing on a bent knee while kicking the right leg (also slightly bent) across from the left foot, then step on the right foot in front of the left.
- 3 " 4 Repeat 1-2.
- 5 " 8 Place the left leg's toes into the circle (in front of you) while you immediately sway the whole leg first to the right, then to the left, and again to the right, then left without lifting the leg off the floor.
- 9 " 10 Hop back on the left foot softly landing on a bent knee while kicking the right leg (also slightly bent) in front of the left foot, then step on the right foot in back of the left.
- 11 Stamp back on the left toes while raising yourself up.
- 12 " 15 Turn CW (to your right) stepping down on the right, and up on the left foot, down on the right, and up on the left.
- 16 Step back on your right with a bent knee also leaning your body backward.
- 17 " 32 Repeat 1-16.

NOTE: There is no shifting of weight from PART II back to PART I: from count 32 (PART II) while on the right foot, you immediately hop on the right foot for count 1 of PART I.

Continued...

TERMINOLOGY AND ABBREVIATIONS

(Before reconstructing a dance, carefully read the following explanations.)

LOD	Line of direction
RLDD	Reverse line of direction
Step	Put full weight on foot
Touch	No weight on foot
R.	Right foot
L.	Left foot
FWD.	Forward
BWD.	Backward
CW	Move according to the clock
CCW	Move counter clockwise

Every dance has a 4 measure introduction. All the steps described are done to a $\frac{1}{2}$ note unless otherwise indicated. Also, every step can be reversed starting with the other foot.

Step-hop:	Step and hop on the same foot (2 counts).	
Yemenite Left:	Yemenite step left: Step with the left foot to the left side (bend knees), step on the right toe in back of the left foot, step-cross with the left foot in front of the right; hold on the 4th count.	
Yemenite Right:	Reverse the Yemenite left, starting with the right foot to the right side.	
Mayim Step moving to the right side:	Facing the center of the circle: step-cross with the left foot over the right, step with the right foot to the right side, step-cross with the left foot behind the right, step with the right to the right side.	
Mayim Step moving to the left side:	Reverse the Mayim Step moving to the right side starting with step-cross with the right foot over the left.	
Debka Jump:	Jump with feet together while turning knees to left side. Jump again while turning knees to original position.	
Pás de Basque: {	Hora Step to the Left:	Little hop on the left foot, hop on toes of the right foot right next to the left, hop back on the left foot.
	Hora Step to the Right: Cherkessiye:	Reverse Hora Step to the Left.
		Step with right foot forward, while raising arms up, step backward with the left foot bringing arms down, step backward with right foot, step forward with the left foot (4 steps to 4 counts).
Double Cherkessiye:	Right foot crosses over the left foot, step on the left foot in back of the right, step on the right foot to the right side. Then reverse: left foot crosses over the right foot, step on the right foot in back of the left, step on the left foot to the left side.	
		Add: right foot crosses over the left foot, step on the left foot in back of the right.