

Nigunim

(Israel)

This dance was presented in California by Yaakov Eden during the early 80's at several institutes and camps.

Choreographer: Bentsi Tiram

Translation: Melodies

Music: Dances by Yo'av Ashri'el (LP), side 2/6 or
Camp Hess Kramer 2007 CD

Formation: Cpls facing LOD in skater's pos (i.e. Promenade pos) with MR arm over WL arm
and arms held slightly fwd. 3/4 meter

Steps: Basic step throughout is a two-step (step fwd-close-step fwd) which is referred to as a waltz. Ftwk described for M; W use opp ftwk.

Meas Pattern

8 meas INTRODUCTION: Begin with vocal.

PART A: WALTZ IN LOD

- 1-2 Beg L, do 2 waltz steps in LOD. Turn 1/2 twd ptr on 2nd waltz to end facing RLOD.
3-4 Beg L, do 2 waltz steps bkwd in LOD.
5 Beg L, waltz-balance fwd – joined hands raise to shldr ht.
6 Beg R, waltz-balance bkwd – hands lower to normal pos.
7-8 Releasing L hands – waltz L,R – M turn slowly 1/2 CCW (L) in place while turning
W 1-1/2 times CW (R) under joined R hands. End facing LOD in skater's pos.
9-16 Repeat meas 1-8. Release hands at end of meas 16.

PART B: WALTZ SDWD & CROSS

Arms: Natural movement with body.

- 1 Facing LOD with hands down and slightly out to sides – step L to L twd ctr (W
moves sdwd away from ctr) (cts 1-2); close R to L (ct 3).
2 Lift on R (ct ah); small leap L on L in pli e (ct 1); step R across L in pli e, L remains
in place – R shldr drops over L ft (ct 2); step L bkwd to place (ct 3).
3-4 Beg R, do 2 waltz steps turning CW (R) (W turn CCW – L) once, exchanging places
with ptr – M moves behind W.
5-8 Repeat meas 1-4 in opp pos, with opp ftwk and direction.

PART C:

- 1 Face ptr (M back to ctr) and join both hands straight across at approx shldr ht – beg
L, waltz-balance twd ptr.
2 Beg R, waltz-balance bkwd away from ptr.

Nigunim – continued

- 3 Beg L, waltz twd ptr – M raise L arm as W turn CCW (L) into a wrap around pos to end with W on MR side. Both now have back to ctr.
- 4 Beg R, waltz while turning 1/2 CCW (M-bkwd, W-fwd) to end facing ctr.
- 5 Beg L, waltz fwd – raise joined hands (ML – WR) up slightly.
- 6 Beg R, waltz bkwd – lowering joined hands.
- 7 Beg L, M waltz in place raising L arm as W unwrap with 1 waltz. End facing ptr with both hands joined straight across with ptr and W back to ctr.
- 8 Beg R, waltz R bkwd away from ptr.
- 9-16 Repeat meas 1-8 in reverse pos.

Join in skater's pos and repeat dance from beg.

R&S'd from San Diego S.U. Folk Dance Conf. errata and video by dd, 9-98.
Printed in Let's Dance, Oct '82.