

Nof Yaldut

Israel

Translation: Views of childhood

Pronunciation: nohf yahl-DOOT

Dance: Israel Shikar & Eli Ronen

Music:

Formation: Circle facing center.

METER: 4/4

PATTERN

Cts.

INTRODUCTION:

PART I:

- 1-4 Open mayim with R to R on line of circle.
- 5-6 Turn to R with R,L and face CCW.
- 7&8 R-tog-R fwd on line of circle.
- 9-12 Mayim to R (begin L across R) and face center.
- 13-16 Step L across R turning slightly to R; and R across L turning slightly to L
- 17-20 Tcherk. L.
- 21-22 Face CCW: Step L,R fwd and face center.
- 23&24 Step L behind R; R to R; L across R.
- 25-28 R to R; L across R; step back on R and face center; L to L.
- 29-32 Box to R (begin with small leap onto R).
- 33-64 Rpt. Part I.

PART II

- 1-4 Sway and Lean R to R; turn to L with L,R,L and face center.
- 5-6 R-tog-R fwd twd center and face CCW
- 7-8 L to L twd center; R behind L.
- 9&10 L-tog-L to center.
- 11-12 Rock R fwd raising arms; L bwd.
- 13-16 Two turns to R moving out of circle with 4 steps beg, with R.
- 17-20 Open mayim to R on line of circle.
- 21-22 R to R, touch L raising arms high to R.
- 23-24 L to L, touch R raising arms high to L.
- 25-28 Rpt. 1-4
- 29-32 Tcherk R with arms opening at chest level (Hazmana Lemachol).
- 33-64 Rpt. Part II

Dance repeats 2x, then repeat Part II continuously until end of music.

Instructions notated by Honey Goldfein-Perry

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