

NORWEGIAN MOUNTAIN MARCH (Norway)



OPENING FORMATION: Groups of three: preferably, but not necessarily, one boy and two girls. The boy (or middle dancer) stands in front, holding a handkerchief by the corner in each hand. His two partners stand behind him, each holding the other corner of the nearer handkerchief. They, in turn, are connected by a handkerchief held in their inside hands.



THE STEP: A waltz-step is preferable for this dance, but a step-hop may be substituted: ordinarily in $2/4$ time, the $3/4$ step-hop is done slowly, stepping forward on the count of 1, swinging the free foot forward and across on count 2, and hopping on the first foot for count 3.

PART 1: Meas. 1-8: Take 8 step-hops forward, beginning with the right foot and accenting slightly the first beat of each measure. As the group moves, the boy turns to his right and

left, looking at the girls behind him.

PART 2: Meas. 9-10: Girls form an arch with their inside hands, the boy continuing the waltz-step (or step-hop) backward under the arch.

Meas. 11-12: Girl on the left, moving clockwise, dances across and under the boy's right arm.

Meas. 13-14: Girl on the right turns left about under boy's right arm.

Meas. 15-16: Boy turns right about and under his own right arm, so that group is in original position.

Meas. 17-24: Repeat PART 2.

NOTE: This dance represents a guide leading climbers up and down the mountain and should be performed with this impersonation in mind. Most important to the fun, of course, is keeping the chain unbroken and untangled.