

NEUES MUEHLRAD

BAVARIA

Baker's dance from Bavaria, mimicking the machine that mixes the bread dough. This version is a couple mixer. Other arrangements involve strenuous figures with women holding the men's weight in a star figure.

RHYTHM: 2 measures / 8 beats per phrase. Each figure is four phrases / 16 beats long.

FORMATION: Danced in a circle with five couples. Woman is on Man's Right, inside hands joined forward with Woman's Left arm resting lightly on Man's Right arm. Normal walking step is used throughout; a heel scuff is added in Chain Figure. Men hook free thumb in suspenders, elbow to side shoulder high; Women place hand on hip with fingers and elbows forward.

NOTE: Since the figures are the same for men and women, two women may dance together.

Meter: 4/4

PATTERN

Meas

EINGANG AND CIRCLE

1-3 Couples walk fwd in circle 12 steps.

4 M step in place & lead W across in front of M CCW turn to center. M & W join hands in individual concentric circles, W facing out.

5-8 All circle to their own R, W CW & M CCW.

CHAIN & PROMENADE

1 Meet partner to begin Chain with R hands joined high, forearms vertical. Walk ½ turn turn CW around partner with 4 steps, end with M facing out, W facing in.

2 Join L hands with next person & turn CCW ½ turn, end with M facing in, W facing out.

3-8 Continue around circle, alternating R & L hands, 4 steps for each ½ turn. When partner is reached, W give partner L hand and resume March until musical phrase changes.

COG WHEELS

1-8 Lead W cast off to R; W follow in sequence to form R hand star next to M star. As W cast off, M place L hands into center to form L hand star, R thumb in suspenders. M & W Stars should overlap, M R elbow in front of partner, W R elbow behind partner as the wheels merge,. Pass partner one time; on second pass, lead M take W L hand with his R hand; each M picks up his partner in turn and continue the star until all W are back with partners. NOTE: The merge of the Cog Wheel may take longer than 8 measures, however, it will merge with the March into the next repeat of the dance.

Repeat the dance from the beginning two more times.

Arranged and notated by Richard Duree

Presented by Richard Duree
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