OD WŁOCŁAWEK - KUJAWIAK Near Włocławek, Poland

The Kujawiak is a type of dance coming from the Kujawi district of northern Poland and is characterized by slow 3/4 time. The melodies are in a minor key and a little sad and romantic.

Record:

Muza NP 07 or Buccaneer "Polish Dances, " BC-1000.

Formation:

Cpls along a circle, facing each other, M inside, with inside

hands joined. Free hands are on hips.

Meas

4 meas

Introduction. Sway fwd on first ct of meas 1 and back on first ct of meas 2; repeat. Sway should be slight, dreamy.

Part I.

Steps are along LOD, but sway swings bodies away and

together.

M (W opp) step L, hold (swing), touch R ft next to L.

2

Step R, hold, touch L ft next to R.

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continued ...

OD WŁOCŁAWEK - KUJAWIAK (continued)

Step L, hold, brush R ft across L ft. Jump onto R ft, fwd in LOD, release hands and complete
from the on ote 2 3
Repeat meas 1-4 three more times but on last time (meas 16) do jump, 2, hold.
Part II, "In and Out." Face along LOD, side by side, inside hands joined, free arm out to side. Arms sweep in and out so that fingers almost touch, even the you are at arms' length. Swing in, step, 2, 3, with inside ft first.
0 . 0 2
Go under arch of joined inside hands in six steps making a complete turn in place. Be sure to use all six ots to turn.
Repeat meas 1-4.
Ballroom pos. Waltz one complete turn.
Release Rhands. M walks fwd along LOD six steps. W turns under arm completing one turn in six steps.
Repeat meas 9-12.
Part III. "Chase." Facing LOD, side by side, fists on hips. M & W on same ft. Movements are directly to R or L along a radius of the circle. Here's your chance to flirt. Slide R, hold, hold. Close L to R, hold, hold. Slide, hold, close. Slide, hold, close. Repeat meas 1-4 to L with opp ftwork. Repeat meas 1-8. The movement takes up all six cts, Down, 2, 3, Up, 2, 3, and on the down there is a definite lean into the leading hip and a straightening on the rise.
Part IV. M & W on phrase 1 & 2. Both fwd in LOD. M R hand around W's waist, L hand joins W's L hand. W R hand on hip, L arm straight out to L. R ft sweep to R and lands in exact spot it started from, down (ct 1). L ft steps L (ct 2). Kick out L while R ft lands where L ft was (ct 3). FOLK DANCE CAMP - 1968 Continued

OD WŁOCŁAWEK - KUJAWIAK (continued)

2	Free L ft starts same thing back again, 4,5,6.
3	Step R, click L, step L.
4	Step R, click L, step L.
5-8	Repeat meas 1-4. NOTE: these steps are actually done in a
	CW circle about the point cpl occupies.
9-16	Repeat Part II, meas 9-16.

Repeat whole dance.

Break in repeat: In the repeat of this recording, there are 12 extra cts between Parts II and III. An arm movement as in Part II is done; in,2,3, out,2,3, straight over head (reaching twd ptr) 2,3, Back out,2,3.

Presented by Morley Leyton