

FDPC

OKLAHOMA MIXER

(American)

This dance was taught by Rev. Larry Eisenberg at the Pacific Recreation Laboratory School, Asilomar, California, September, 1947. This progressive type dance is popular in the Southwest, particularly Texas. The title, "Oklahoma Mixer" is used here because the present version was learned in Norman, Oklahoma.

MUSIC: Records: Folkraft 1035 "Oklahoma Mixer"
Columbia 52006 "Starlight Schottische"

FORMATION: Couples in double circle formation in Varsouvienne position* facing counter-clockwise.

STEPS: Two-step*, Heel-toe*

Music (2/4)

PATTERN**Measure****I. Two-Step and Walk**

1-2

In Varsouvienne position, couples take a step-close-step hold diagonally fwd. L, starting with L foot (cts. 1, 2, 3, 4) and a step-close-step hold diagonally fwd. R, starting with R foot (cts. 1, 2, 3, 4).

3-4

Moving directly fwd., take 4 walking steps L, R, L, R. (Two steps to each meas. of music with a slight swagger).

II. Heel and Toe and Progress

5

Keeping same position both M and W place L heel diagonally fwd. L (cts. 1, 2), place L toe on floor directly behind R foot (cts. 3, 4).

6

Dropping R hands, W crosses to L in front of M with 3 walking steps L, R, L, hold (cts. 1, 2, 3, 4) to end on inside of circle at L side of M and facing in clockwise direction, at the same time M steps in place L, R, L, hold (cts. 1, 2, 3, 4).

7

Starting with R foot, both repeat heel-toe pattern in place (cts. 1, 2, 3, 4).

8

W takes 3 steps R, L, R, hold (cts. 1, 2, 3, 4) toward R side of next M in back of present partner. At the same time, W turns slightly to L extending R hand across to take R hand of new partner and reaching L hand back to assume Varsouvienne position. M takes 3 steps moving slightly fwd. R, L, R, hold (cts. 1, 2, 3, 4) extending R hand fwd. to new W and leading W into Varsouvienne position. Repeat sequence as long as desired. W moves back to new partner at end of each sequence.