Ormanli

Ορμανλί

(Iraklia Serres, Eastern Greek Macedonia)

Ormanli is danced in several villages of Serres prefecture in varying versions. In Iraklia, the dance is done by both men and women. The musical instruments are zournas and daouli, with the zourna trying to imitate the sound of a gaida.

Pronunciation: Ohr-MAHN-lee

Music:	Christos Papakostas, 2013 Teaching Tour	and the second second
Rhythm:	9/8 (2 2 2 3) or QQQS	
Formation:	Open circle. Hands in W- position	
Style:	Typical Greek hand hold, dance moves to the right. Leader can embellish the dance as desired; all other dancers continue basic pattern.	

METER: 9/8

PATTERN

Meas

INTRODUCTION: Wait for 2 measures

<u>Basic</u>

- 1 Facing the center of the circle, lift R, bounce on L (ct. 1). Step on R to R (ct. 2). Step on L across in front of R (ct. 3). Turning and facing the center, step on R(ct. 4).
- Lift L, bounce on R (ct. 1). Step L to the left (ct. 2). Step on R, across in front of L (ct. 3). Turning and facing the ctr, step on L (ct. 4).

<u>Figure 1</u>

- 1 Facing the center, lift R, bounce on L (ct 1). Step R to R (ct 2). Step on L across in front of R (ct 3). Turning and facing the ctr, do a triple step on R (ct. 4).
- 2 Lift L, bounce on R (ct 1). Step on L to the left (ct 2). Step on R across in front of L (ct 3). Turning and facing the ctr, do a triple step on L (ct. 4).
- Sequence: Introduction (no action) Alternate Basic and Figure 1

