

OSMICA (ohs-MEE-tсах)
(Bulgaria)

Learned by Yves Moreau, Fall 1971, from village dance group in Mâr[^]cevo, Mihajlovgrad District in N.W. Bulgaria. This dance contains the uncommon mixture of the two most popular Bulgarian dance types: the "Pravo" and the "Râ[^]cenica." The favorite instruments of musicians in N.W. Bulgaria are the clarinet, fiddle, and drum. One seldom sees gajda, gâ[^]dulka, and kaval. This is most probably due to the strong influence from nearby Romania.

Record: Worldtone WT-YM-002 A, Band 1. 2/4 and 7/16 meter
(8 meas of each).

Formation: Short lines of about 8 people -- mixed or segregated. Back basket hold, R arm under, L arm over. Face ctr, wt on L ft.

Style: Knees bent slightly. Steps are small. Upper part of body is erect.

MeasPattern

No Introduction.

I. PRAVO - 2/4 meter.

- 1 Moving straight back, step on R ft (ct 1). Step back on L (ct 2).
- 2 Step bkwd on R (ct 1). Raising L knee slightly, a light kicking action fwd with L ft (ct 2).
- 3 Step sdwd L on L (ct 1). Step on R in back of L (ct 2).
- 4 Step sdwd L on L (ct 1). Raising R knee slightly, a light kicking action fwd with R ft (ct 2).
- 5-6 Repeat pattern of meas 3-4, reversing direction and ftwork.
- 7-8 Repeat pattern of meas 3-4, exactly.

II. RÂ[^]CENICA - 7/16 meter (1-2, 1-2, 1-2-3; counted 1,2,3.)

Râ[^]cenica Step: Wt on L ft, small leap fwd onto ball of R ft (ct 1). Two small running steps fwd L,R (cts 2,3).

- 1-4 Four Râ[^]cenica Steps moving fwd twd ctr.
- 5-7 Three Râ[^]cenica Steps in place. (May also be done with slight sdwd motion) R,L,R.
- 8 Sharp stamp with L next to R, no wt (ct 1). Hold (cts 2,3).

NOTE: The dance starts again with the Pravo pattern, but the L ft steps back and the ftwork for both patterns is reversed.

Presented by Yves Moreau