

P-A LUNGU

Source: Valeriu Buciu, professional folklorist and choreographer from Baia Mare, Maramureş county

Recording: "Romanian Dances from Northern Transylvania" (cassette)

This dance comes from the Lăpuş area (Țara Lăpuşului) in the southeastern part of Maramureş county in northern Transylvania. The dance is done in a circle of couples progressing counterclockwise, and consists of two figures which alternate. The style is flat-footed with slightly bent knees. The music is in 2/4 time.

Figure I

- Meas 1 Facing counterclockwise around circle with W on M R side and inside hands joined, step forward on outside foot swinging joined hands back and turning toward partner (1) step forward on inside foot swinging joined hands forward and turning away from partner (2)
- Meas 2 Step forward on outside foot swinging joined hands back and turning to face partner (1) close inside foot to outside foot joining outside hands (2)
- Meas 3 Walking in a small counterclockwise circle around each other, step forward on R foot (1) step forward on L foot (2)
- Meas 4 Step R forward into place where partner started (1) close L foot to R, releasing new outside hands and turning to face counterclockwise around circle (2)
- Meas 5-8 Repeat action of measures 1-4 with opposite footwork; circle around partner is now clockwise, beginning with L foot.
- Meas 9-16 Repeat entire figure, but on meas 8 do not turn away from partner or release joined hands

Figure II

- Meas 1 Taking shoulder-shoulderblade position, M does small jump on both feet together, moving very slightly to own R and turning very slightly L (1) repeat jump two more times (2,&). W steps to own R on R foot, turning slightly to L and bending knees (1) close L foot to R with a slight bounce, straightening knees and turning back to face partner (2) bounce again (&)
- Meas 2 Repeat action of measure 1
- Meas 3-4 Repeat action of measures 1-2 reversing footwork and direction
- Meas 5-6 Repeat action of measures 1-2
- Meas 7-8 Turning so R hips are adjacent, turn clockwise as a couple stepping forward with L foot (1) R foot (2) L foot (1) close R foot to L with slight bounce turning to face partner (2) bounce again (&)

*Continued. - 57*

P-A LUNGU (continued)

Figure II (continued)

- Meas 7-8 Turning so R hips are adjacent, turn clockwise as a couple stepping forward L (1) R (2) L (1) close R foot to L with a slight bounce, turning to face partner (2) bounce again (&). [the turn should exchange the positions of M and W so M is on outside of circle]
- Meas 9-16 Repeat actions of measures 1-8 BUT on count 1 of measure 16 (end of couple turn); release shoulder-shoulderblade hold; on ct 2, close R foot to L with slight bounce, dropping hands to sides, joining inside hands, and turning to face counterclockwise along circle (2).

Alternate figures I and II to end of music.

Presented by Glenn Nielsen

KF '86