

## 1960 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Albert S. Pill

## EL PANADERO

## Mexican

This son is popular throughout the Costa Chica (Little Coast) of Oaxaca, the stretch of land along the Pacific Coast of Mexico that makes up the western border of the state of Oaxaca.

The state of Oaxaca is divided up into seven distinct regions, each region having its different sones and dances. The dances most popular in the region of the Costa Chica of Oaxaca are the sones and chilenas. The orchestras of the region that play this music are composed entirely of brass instruments and a snare type drum.

El Panadero is danced at all festive gatherings in La Costa Chica. It is a gay, fiesta type of dance in which all those present participate.

**SOURCE:** Learned by Albert S. Pill at fiestas in the city of Oaxaca and at the Oaxaca Regional Dance Group of Professor Miguel Angel Schultz in the Casa de Asegurada, Oaxaca, Oax.

**MUSIC:** Record: ASP EP - 702

**FORMATION:** Single circle of all those present in the room. One person is in the center of the circle, holding a sombrero in his hand.

**STEPS:** Valseado Step, Zapateado Step

Valseado Step: 6/8 one meas to complete one step. Step fwd on L ft (ct 1), step fwd on R toe behind L ft (ct 2), step fwd on L ft (ct 3), step fwd on R ft (ct 4), step fwd on L toe behind R ft (ct 5), step fwd on R ft (ct 6).

Zapateado Step: 6/8 one meas to complete one step. Stamp fwd on R ft while slightly raising L ft (ct 1), step fwd on L toe (ct 2), stamp fwd on R ft (ct 3), stamp fwd on L ft while slightly raising R ft (ct 4), step fwd on R toe (ct 5), stamp fwd on L ft (ct 6). The movement is rapid; the knees are very loose and flexible.

Music	Pattern
meas	
1-16	<p>A <u>FIGURE I SEARCHING</u>            Person in center of circle, dancing valseado steps, moves around center of circle with sombrero in hand, putting it teasingly over the heads of some, and finally placing the sombrero on the head of one of the people standing around the circle.</p>

*Continued...*

## El Panadero (cont'd)

- 1-16      B      FIGURE II ZAPATEADO  
The chosen person with sombrero on head, enters center of circle and stands shoulder adjacent with the person already in the center; both face LOD and dance around the center of the circle moving CCW with zapateado steps.
- Repeat the dance with chosen person remaining in center to select a new person with whom to dance the zapateado while the original person in the center joins those on the outside circle.
- During the zapateados, the people standing around the circle may clap hands to encourage the dancers to dance the zapateados with increased energy.
- The above dance description will soon appear in a book by Albert S. Pill and should not be reproduced without permission of the author.