

PANAGJURSKO HORO

(Bulgaria-Trakia)

A variation on the basic *Četvorno* and *Kamšica* type of dance popular in Western Bulgaria. Observed at a festival in Batak, Bulgaria, summer 1973. From the region of Panagjurište

Pronunciation: Pah-nah-GYOUR-skoh Ho-ROH
Music: Yves Moreau CD
Rhythm: 7/8 counted here as 3-2-2 or 1-2-3 or S-q-q
Formation: Mixed lines, belt hold, L over R .Face slightly R of ctr, wt on L.
Style: Small and light bouncy steps. Slight knee bend. Proud.

Meter: 7/8	Pattern
1-4	Introduction . No action. (drumming)
	1. Basic step
1	Step onto R to R (1) pause (2) step on L in front of R (3)
2	Repeat pattern of meas 1
3	Step onto R to R, simult. L ft points on ground to L, no wt ("twizzle" step) (1) step on L to L (2) step onto R behind L (3)
4	Step fwd to ctr onto L (1) touch R heel sharply to floor (2) repeat heel-touch with R (3)
5	Same as in meas 4, but starting with R ft
6	Repeat pattern of meas 4
7	Three small running steps bkwds, R-L-R
8	Still moving bkwds, three small running steps, L-R-L
	2. "High energy" basic step
1-3	Repeat pattern of meas 1-3, Fig. 1
4	Move twds ctr with heavy step onto L, simult. picking up R ft sharply, knee bent (1) two "bouncing" motions onto R heel in place, R knee still up (2,3)
5	Repeat pattern of meas 4, but starting with R ft
6	Repeat pattern of meas 4, but on last count, "push" or kick R leg fwd, heel down
7-8	Repeat pattern of meas 7-8, Fig. 1

Sequence: Leader calls change of figure at will.

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