

PARISARPOLKA
(Norway)

Record: Aqua Viking V 30I a or RCA LPM 99IO

Formation: Cpl. dance. Any number of opls. Free hand on hip, thumb fwd. Open, and closed shoulder-waist position.

Steps: Walking steps, open two-steps, pivot.

Figures:

1. With W's L hand in M's R, start with outside ft. and dance 3 walking steps LOD. On ct. 4 set inside ft. lightly in the floor. Starting with inside ft. dance 4 walking steps RLOD. Dance fwd. in LOD on 2 two-steps, starting on M's L and W's R. Shoulder-waist pos. and turn CW twice on 4 pivot steps.
Repeat.
2. Same as 1, except when moving fwd. in LOD, make one complete turn, M CCW and W CW on 3 walking steps. Stop on ct. 4 with inside ft. touching the floor. Starting with inside ft., turn once around, M CW and W CCW on 3 walking steps, while moving RLOD. 2 two-steps LOD and pivot as in 1.
Repeat.
3. Dance fwd. in LOD with M's R hand holding W's L hand over W's head. W turns CW once on 3 walking steps, and L ft. touch on ct. 4. M moves fwd. as in 1. Turn and move RLOD while W turns CCW once on 3 walking steps and touch floor with R ft. on ct. 4. M's step as in 1. While both are moving fwd. in LOD, on the M's 2 two-steps, the W on 4 walking steps, the W turns twice CW. Shoulder-waist pos. and pivot as in 1 and 2.
Repeat.

Repeat entire sequence.