

PARISARPOLKA
(Norway)

Parisarpolka (Parisian polka) moved into regions where wienerkryss was popular and often replaced it. The original form of pariserpolka was quite free with couples choosing which figures, and which sequence, they desired to dance. This description is based on the normalized form supported by the Norwegian Youth League, and it is preferred that the dance be done in this standardized sequence.

Pronunciation: pah-REE-suh-POHL-kah.

Source: Klara Semb, Norske Folkedansar II, Oslo 1956

Music: No. 79, 80, or 81 in Klara Semb, Norske Folkedansar III, Oslo 1952
Triola TNLP 38, side B, band 2 "Ola Bakar" 2/4 meter
Harmoni TD-2, side B, band 2 "Pariserpolka" "
Viking V 301a, "Parisarpolka" "

Formation: Cpls facing CCW in a circle, inside hands joined.

Steps: Bytomfot step I. Pivot. Walk.

Meas

PATTERN

No introduction on the TNLP record. The others have 4 meas of introduction.

I. FORWARD AND BACK

- 1-2 Begin with outside ft and dance 3 walking steps LOD: outside ft (ct 1), inside ft (ct 2), outside ft (ct 1), close inside ft, turning to face ptr (ct 2).
- 3-4 Without releasing hands, turn to face RLOD and dance 3 walking steps RLOD: outside ft (M R, W L) (ct 1), inside ft (ct 2), outside ft (ct 1), close, turning to face LOD (ct 2).
- 5-6 Dance 2 bytomfot step I, beginning outside ft, in LOD.
- 7-8 Ptrs face each other, place R arm under ptrs L arm with R hand on back at about lower rib cage height. W places L hand on back of ptrs shoulder. M reaches around ptrs L shoulder and places his L hand on her back about shoulder blade height. Cpl dances 4 pivot steps while executing 2 CW turns, moving LOD.
- 9-16 Repeat action of meas 1-8.

II. TURN AWAY

- 1-2 Release hands, arms swing freely. While moving in LOD, ptrs turn once with 3 walking steps (M CCW, W CW), and touch toe of inside ft next to outside ft on last ct. Snap fingers, clap hands, or just raise arms high on last ct.
- 3-4 Repeat action of meas 1-2, Fig II, with opp ftwork and moving in RLOD. (M CW, W CCW).
- 5-8 Repeat action of meas 5-8, Fig I.
- 9-16 Repeat action of meas 1-8, Fig II.

III. DISHRAG

- 1-2 Face ptr, join both hands. Lift M L and W R arm and do a dishrag turn using ftwork of meas 1-2, Fig II. Be close together at start, and progress in LOD.
- 3-4 Turn back with dishrag, using opp ftwork. *Continued.*

PARISERPOLKA (cont)

- 5-8 Repeat action of meas 5-8, Fig I, keeping joined hands close together and chest high during meas 5-6.
- 9-16 Repeat action of meas 1-8, Fig III.

IV. GIRL BACKWARDS

- Ptrs stand R side to R side, join both hands and each hold R arm straight out to R side. M facing LOD, W facing RLOD.
- 1-2 Repeat action of meas 1-2, Fig I, except W walks bkwd.
- 3-4 Without releasing hands, M raises R hand high, turns 1/2 CW while W makes 1/2 turn CCW and cpl dances walking steps in RLOD. M moves fwd, W bkwd.
- 5-6 M releases his L hand. W turns CW twice with pivot steps while M dances 2 bytomfot step I in LOD.
- 7-8 Repeat action of meas 7-8, Fig I.
- 9-16 Repeat action of meas 1-8, Fig IV.

V. UNDER ARM

- 1-2 Join inside hands. M dance 3 walking steps and a touch in LOD while W turns CW once under his arm.
- 3-4 W turns CCW once under M arm.
M Variant A: M dances bkwd in RLOD.
M Variant B: M turns 1/2 CW and dances fwd in RLOD, turning to face LOD on last ct.
- 5-6 W turns twice CW under M arm while M dances 2 bytomfot step I in LOD.
- 7-8 Repeat action of meas 7-8, Fig I.
- 9-16 Repeat action of meas 1-8, Fig V.

Repeat dance from beginning.

NOTE: Cpls may enter into the dance at the beginning of any 8 meas phrase and when they enter they begin with Fig I and dance the sequence as written. Thus not all cpls are doing the same figure at the same time.

Presented by Bruce Taylor