PARUBKE (Ukraine)

This is a traditional dance of young men playing that they are soldiers. Arranged by Vince Evanchuk to suitable march music.

MUSIC:

SONGS OF THE KOZACKS, Arak 825, Side A, Band 4; or

FORMATION:

Arrenged for groups of 6 men. One line of 3 men facing another line of 3. Arms crossed at chest

height.

STEPS:

"PRECID Z UDARIJEN" (Precid with Stamp)
Assume a squat (plie') pos - sit over heels (on toes) with knees (at a 90° angle) turned out (ct 1). Spring to a stride pos with a stamp on both ft, flat on the ground (ct 2).

"PRECID V BYK" (Precid to Side)
Assume a squat (plie') pos - sit over heels (on toes) with knees (at a 90° angle) turned out (ct 1). Spring to the R onto the R toe (knee turned out), at the same time the L is lifted off the floor and to the L side. R hand is behind head, L hand is extended shoulder high to side, palm up.

"PERESKOK Z PRESYDKOM" (Over Jump)
Leap onto R ft crossing R in front of the L. At
the same time L ft crosses up and behind R calf
(ct 1). Hop on R as L is lifted and straightened
diag to the L side (ct 2). Drop into a full squat
(plie') (ct 1). Raise up to a full standing pos,
weight on both ft (ct 2).

MUSIC,	2/4 PATTERN	
Meas.		
1-8	INTRODUCTION Down and ups. Weight on L, R slightly forward. Bend supporting knee, other knee will move with it. Down (ct 1), up (ct 2). (Total, 8 times.)	
9-10	4 walking steps fwd toward the other line, all begin ing R (R.L.R.L).	n-
11-12	Do 4 stamps in place, all with the R.	
13-14	Do 4 walking steps bkwd, beginning with R.	
15-16	Do 4 stamps in place with R ft.	
17-20	Do 4 "Precid z Uderijen".	
21-22	Walk 4 steps fwd (R,L,R,L).	
23	2 stamps with R ft.	
23 24	Stepping on R make a 1/4 turn to face front. Close L to R. You are now in 2 columns facing fwd.	

Parubke, Cont'd

Meas.

FIG. I
From two columns facing fwd, the formation will
change to one horizontal line facing fwd, each M
moving fwd and to the side in turn. Everyone is
moving at the same time.

- 1-8 Man #1 in each column, starting on outside ft, walks 4 steps fwd, then does 6 "Precids v Byk" to the side. At the same time, men #2 do & walks fwd and 5 "Precid v Byk" to the side. Also at the same time men #3 do & walks fwd and 4 "Precid v Byk" to the side.
- FIG. II
 Hands free at sides. Starting on inside ft, walk 3 steps fwd, then jump, making a 1/2 turn towards the outside to reverse pos.

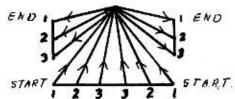
3-4 Starting on outside ft (which is the same ft as before) walk 3 steps bk to starting place. 1/2 jump turn again to the outside. | ward the inside.

5-8 Repeat meas 1-4.

FIG. III
Hands are folded across the chest as in the Introduction, except for the outside men whose arms are free.

- 1-2 Outside men (the original #1 men) beginning on outside ft, take 3 marching steps diag fwd; close on step 4. Inside arms are on each other's shoulders; outside arms are extended, palms down.
- 3-6 Do 4 "Precid z Udarijen".
 7-8 Beginning on outside ft, march 3 steps diag out, close on step 4 to face out (back to back).
- 9-16 Men #2 repeat Fig. III, meas 1-8.
- 17-24 Men #3 repeat Fig. III, meas 1-8.

Everyone finishes in his original place in the column; see diagram.



- 1-6 FIG. IV
 3"Pereskok z Presydkom", beginning the first one with a 1/4 turn to face front.
- 7-8 Beginning on inside ft, make a 1/4 turn to face opp line and walk 3 steps fwd, close on step 4 while turning 1/4 turn to face front.

REPEAT DANCE, FIG. I - IV. FINISH DANCE WITH