

PEACE IN THE VALLEY  
(Waltz Mixer)

By Carlotta Hegemann

Music: PEACE IN THE VALLEY

Recording: Shaw LS 3322

Recommended tempo: 43 meas. per min.

FORMATION: Couples face in circle, M's back COH, both hands joined with partner.

FOOTWORK: Opposite throughout the dance.

Measure

- 1 - 4 STEP-SWING; STEP-SWING; CROSS; FACE;  
Starting M's L step to side on left, swing R across (W steps R, swings L XIF); REPEAT action to right; partners change places in two meas of waltz (letting go W's L hand) passing L shoulders under M's L and W's R hand to face, and join both hands again;
- 5 - 8 STEP-SWING; STEP-SWING; CHANGE INTO; VARSOUVIENNE;  
REPEAT meas 1-2 and in two waltz meas maneuver into Varsouviennette nos facing LOD.
- 9 - 12 WALTZ; WALTZ; WALTZ; WALTZ;  
Start M's L (W's R), do four fwd waltzes progressing LOD.
- 13-16 STAR RIGHT; AROUND; - - -; JOIN HANDS IN CIRCLE;  
Letting go L hands couple turns clock-wise in STAR pos in three meas of waltz. On fourth meas let go R hands as W turns quickly R-face to join hands in circle, all facing COH, W on M's R-hand side.
- 17-20 STEP-SWING; STEP-SWING; GRAPEVINE (LADY ROLL); - - -;  
REPEAT footwork of meas 1-2. In RLOD M does grapevine stepping side L, step R behind L, step side L; cross R in front, touch L; (as M does grapevine W makes one complete R-face turn progressing LOD as she rolls across in front of corner M to again face COH and joins hands in the circle) (This is the first of 3 partner changes)
- 21-24 STEP-SWING; STEP-SWING; GRAPEVINE (LADY ROLL); - - -;  
REPEAT meas 17-20. (This is the 2nd of 3 partner changes)
- 25-28 INTO THE CENTER; STEP-SWING; BACKUP; STEP-HOLD;  
Hands still joined in circle starting M's L (W's R) move COH in four steps swing L. Back up to original place in four steps touch L.
- 29-32 MEN TO CENTER; - - -; TURN BACK TO CORNER; - - -;  
Let go hands and W bal in place as M starting L moves twd COH in six steps, turns L-face to progress to his corner lady in six steps to face her, his back to COH ready to commence at beginning of dance. (This is the 3rd partner change)

Note: In meas: 1-2, 5-6, 17-18, 21-22, and 26 (all the "step-swings") opposite footwork is used and the swinging foot should never be more than a few inches above the floor with the sole of the foot parallel to the floor.)

On the flip-side of this record is the Round dance, "Butterfly Waltz", Shaw, LS 3321. Both sides also have an inner 'reminder' Cue-band.