

Pembe

(Macedonian/Rom)

SOURCE: Learned from Kete Ilievski

FORMATION: Hands held in W position

METER: 4/4

PATTERN

Meas

Pattern 1

- 1 Lift R (ct 1), step R to R in LOD (ct 2), step L in LOD (ct 3), step R in LOD (ct 4)
- 2 Step L in LOD (ct 1), step R in LOD (ct 2), step L across R (ct 3), step R back to place (ct 4)
- 3 Lift L (ct 1), step L to L (ct 2), step R across L (ct 3), step L back (ct 4)
- 4 Same as meas 3 with opposite footwork
- 5 Same as meas 3

Pattern 2

- 1 Lift R (ct 1), step R in LOD (ct 2), lift L (ct 3), step L in LOD (ct 4)
- 2 Lift R (ct 1), step R in LOD (ct 2), lift L (ct 3), with L still raised bend R knee (ct 4)
- 3 Straighten up (ct 1), step L beside R (ct 2), lift R (ct 3), bend L knee (ct 4)
- 4 Same as meas 3 with opposite footwork
- 5 Same as meas 3

Presented by Michael Ginsburg & Belle Birchfield at the Laguna Folkdancers Festival 2005