

PODGORAC

(Serbia)

SOURCE: Performing group at Smotra Folklor, Zagreb.

MUSIC: AMAN LP 105, side 1/5.

FORMATION: Men and women in mixed lines, belt hold, L over R.

METER: Dance is in 6/8, accompaniment is in 2/4. The dance will be counted in 2/4, 1,&2,&.

METER: 2/4

PATTERN

Meas

INTRODUCTION: 4 meas.

PATTERN 1

- 1 Facing center, step R to R (ct 1). Step tog. with L (ct 2).
- 2 Repeat meas 1.
- 3 Step R to R (ct 1). Raise L to R ankle (ct 2).
- 4 Step on L fwd and slightly to L (ct 1). Raise R to L ankle (ct 2).
- 5 Step fwd and R with R (ct 1). Kick L in front of R (ct 2).
- 6 Step L (ct 1). Step on R next to L, (ct 2).
- 7 Step L (ct 1). Kick R in front of L (ct 2).

STYLE NOTE: Though footwork is similar for men and women, body movement is different. Women turn body toward foot stepped on, on ct 1 and back to place on ct 2 on meas 1,2,6. On meas 3,4,5,7 women do not turn back on ct 2, these are "change-of-direction" meas. Men turn body away from foot on ct 1 and come back to place on ct 2.

Pattern 1 is performed 16 times.

PATTERN 2

- 1 Step R in place (ct 1). Step L in place (ct &). Step R in place (ct 2).
- 2 Repeat meas 1, opp ftwk.
- 3 Jump onto both feet fwd and diag R (ct 1). Jump again in place on both feet (ct 2).
- 4 Jump onto both feet directly to L (ct 1). Jump again in place on both feet (ct 2).
- 5 Step R fwd and diag R (ct 1). Hop on R (ct 2). Hop on R (ct &).
- 6 Step back on L leaving R down (ct 1). Step back on R (ct 2).
- 7 Repeat meas 1, opp ftwk.

Repeat sequence to end of music.

Presented by Billy Burke at the Laguna Folkdancers Festival 1992