

Podlízavá-Trojke

(Moravia, Czech Republic)

Trio dance from the Haná region of central Moravia. Podlízavá comes from the verb podlízeti (to creep under), and Trojke refers to a “coachman with two horses.”

Pronunciation: POHD-lee-zah-vah TROY-keh

Cassettes: *Dances from the Czech Republic, Stockton Folk Dance Camp 2001;* 2/4meter
Dances from the Czech Republic, Stockton Folk Dance Camp 2000

Formation: One man and two women, each with small scarf in right hand, and with hands joined in triangle with M facing LOD.

Meas

Pattern

2 meas

INTRODUCTION

I. RIDE FORWARD AND BACKWARD

- 1-7 Dance 7 firm gliding polka steps in LOD (W backing up). M start with L, W with outside feet.
 8 M stamp 3 times (R,L,R); W step in place with 3 well accented steps.
 9-16 Repeat meas 1-8 in opp direction (M backing up).

II. ARCHES: MAN AROUND

- 1-4 W make arch and with 8 small running steps M passes under the arch and around W on R back to place. W also dance 8 small running steps, 4 in place (meas 1-2), and then W on R turns in place to R and W on L turns in place to L (meas 3-4).
 5-8 Repeat meas 1-4, but with M running around W on L.
 9-16 Repeat meas 1-8.

III. RIDE FORWARD AND BACKWARD

- 1-16 Repeat Fig. I.

IV. ARCHES: WOMAN AROUND

- 1-4 M make arch with W on R, and W on L runs (8 steps) under arch around M and back to place, M turn in place to R on steps 5-8 while W on R turn to L.
 5-8 M make arch with W on L and W on R run under arch and around M (meas 5-8); M now turn to L with 4 steps and W on L turn to R on meas 7-8.

Repeat entire dance from the beginning.

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