

1975 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by David Henry

POGONÍSIOS
(Stage Version)

BACKGROUND: A line dance from the Pogoni district of Epiros. This arrangement of the music and steps is not the dance's original or village form. In the village the music would begin slowly and then become faster. The steps described in Part II would be improvised and no partners would be required - a man would simply choose a woman from the line and dance with her. Men wave free hands, girls often put them on the nearest hip, thumb back.

SOURCE: Nana Papantoniou, Athens, 1965

RECORD: FOLKRAFT LP-3 (A4)

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PATTERN

- Meas PART I: "SLOW" Facing ctr, wt on R, hands joined at shlr height, M on R of partner, cpls alternating M-W, etc.
- 1 Step on L across in front of R (cts 1-2) step on R sideways to R (ct 3) step on L across in front of R (ct 4)
- 2 Step on R sideways to R (cts 1-2) step on L across in back of R (ct 3) step on R sideways to R (ct 4)
- 3-12 Repeat meas 1-2 to end of phrase of music.

PART II: "FAST"

- 1 Hop on R kicking L up behind to L (ct &) step on L across in front of R turning slightly to R (cts 1-2) step on R sideways to R turning slightly to L (ct 3) step on L in place close to R (ct 4)
- 2 Reverse ftwk of meas 1
- 3-4 Repeat meas 1-2
- 5 Hop on R kicking L up behind (ct &) step fwd on L (cts 1-2) step fwd on R (ct 3) step back in place on L (ct 4)
- 6 Hop on L kicking R up behind (ct &) step bwd on R (ct 1-2) step bwd on L (ct 3) step fwd into place on R (ct 4)
- 7-8 Repeat meas 5-6
- 9-12 Turning to face ptr, joining both hands in wide circle at shldr ht, do steps of meas 1-4 facing.
- 13-16 Man continues step of meas 9-12 but releases R hand hold with ptr and turns her under his raised L arm CW (meas 13) CCW (meas 14), etc. Join hands.