

1968 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by: Eugene Ciejkka

POLKA

SOURCE: Eugene Ciejkka (Composed)

MUSIC: Zatanczmy Polke; Eurotone Record ELP 106. Band 2, Side 1  
(Biala Roza Polka)

FORMATION: Couples in a circle, M on inside. However, since the object of this dance is to allow those of you who would like to try to polka socially, the placements indicated in these notes will be regarded as suggestions.

STEP: This polka step is from a region found further south than the other polka steps taught this year. My own relatives use this step and they are from the area south and east of Krakow. So at the least, I can say that the style is 77 years old.  
Step desc. is for M. W use opp ftwk.  
Hop on R (ct 1), touch L toe (or heel) to floor without wt (ct &), hop on R (ct 2) hop from R to L (ct &).

In turning (with or without ptr); all odd meas are done on a straight line, and even meas the R is placed behind L and remains there while dancing the step and turning CW (approx 1/2 revolution). Cpls move ~~LOD~~. When ~~moving~~ <sup>turning</sup> CCW couples travel RLOD revsing ftwk. Any stops are placed at the end of a phrase and will use one entire meas. M will have wt on R. Stamp may be for 1-4 beats, keeping L free for beg of next meas. Steps are kept light and constant.

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PATTERN

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Meas. INTRODUCTION: 3 meas

FIGURE I THE DOMINO STEP

- M on inside of circle, cpl facing LOD in varsouvienne pos.
- 1 M hops on L while crossing R in front and touching toe to floor on L side of L ft. (ct 1 &) M hops on L while kicking R out low in front (ct 2 &)
- 2 M and W do one polka step <sup>turning</sup> ~~traveling~~ R (CW) and facing RLOD
- 3 Repeat Meas 1 using opp ftwk
- 4 cpl do one polka step turning CCW to face LOD
- 5-8 Cpl dance four polka steps in LOD
- 9-12 Repeat Meas 1-4
- 13-16 Cpl dances four polka steps turning CCW in place with M moving bkwd and finishing inside the circle.

FIGURE II POLKA STEP IN BALLROOM POSITION

- 1-7 Couple dances seven polka steps turning CW moving CCW, finishing with M on inside.
- 8 Hop on L (ct 1), stamp RLR ( cts & 2 &)
- 9-15 Repeat Meas 1-7, in reverse direction
- 16 Repeat Meas 8 of FIG II

FIGURE II HEEL & TOE STEP

M R hand at W waist, her L hand on M shoulder. Free hands on hips, facing LOD

- 1 M hops on R, placing L so that heel touches floor diag to L front ( ct 1&)  
M hops on R and brings L across to R of R foot so that the toe touches floor ( cts 2 &)
- 2 Couple dance one polka step in place
- 3 Couple repeat Meas 1 reversing ftwk
- 4 Couple dance one polka step in place
- 5-8 Couple dance four polka steps in LOD
- 9-16 Repeat Meas 1-8

FIGURE IV POLKA IN BALLROOM POS

- 1-16 Repeat FIG II, meas 1-16. M finishing on inside of circle

FIGURE V POLKA WITH OPEN ARMS

Couples now face each other, M holding W R hand in his L and W R in R

- 1 Couple dances one polka step moving twd each other while moving arms and hands, still joined, up and out at the sides.
- 2 Couple change places moving CW. Cpls back away to take position as at the beg of figure.
- 3-8 Couple repeat Meas 1-2 three more times
- 9-16 Repeat Meas 1-8 moving CCW, finishing with M on inside

FIGURE VI

- 1-16 Repeat FIG II, meas 1-16 On last meas release W R hand, ~~which~~ she puts *L hand* on hip. ~~M raises R, still holding L up high~~ *M puts R hand on hip*

W TURN UNDER FIGURE VII

- 1-8 W turns under M arm turning in place CW with basic polka finishing facing LOD in Varsouvienne pos as in be of dance. Dance ~~repeats~~ once more.