

POLLY WOLLY DOODLE (America)

This merry tune has had many a dance set to it—both couple and square dances. Here is a little mixer usable with any age. Since nearly everyone knows at least some of the words, it is fun to do and easy to teach.

OPENING FORMATION: Double circle of dancers, partners facing one another, both hands joined, man with back to center of ring.

PART 1: WORDS: "Oh, I went down south for to see my Sal,"

ACTION: All slide four steps—men to the left, ladies to the right, counterclockwise.

WORDS: "Sing polly wolly doodle all the day."



ACTION: Drop hands and all turn solo, men to left, ladies to right, with 5 stamps in this rhythm: 1—2—1,2,3. (Stamp on the word "polly," stamp on the other foot on the word "doodle" and take 3 quick stamps on the word "day.")

WORDS: "My Sally am a spunky gal,
Sing polly wolly doodle all the day."

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ACTION: Same as above but in opposite direction, with men moving to right and ladies to left, and men turning right, girls left, at end.

PART 2: WORDS: "Fare thee well, fare thee well."

ACTION: Both bow to each other, men with hands on hips, girls holding skirts.

WORDS: "Fare thee well, my fairy fay."

ACTION: Both move backward, away from each other, either with 4 walking steps, or skipping steps.

WORDS: "For I'm off to Louisiana for to see my Susyanna."

ACTION: Both dancers move diagonally forward to own left to meet a new partner.

WORDS: "Singing polly wolly doodle all the day."

ACTION: Swing in place, or skip around with two-hand hold.

Repeat dance from beginning with a new partner.

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