

## Polocsia - Romania

Presented by Alexandru and Mihai David

Source: Polocsia is from Bîrca, Dolj in souther Oltenia. It is a type of briuletul - "little briul" from Oltenia. This dance was learned by Alexandru from Costea Constatin of the Research House of Bucharest.

Formation: man's dance - or mixed, line

Handhold: back basket hold

Music: 2/4

Measures	Description
	face center
1	into center R,L,R (cts1,&,2)
2	out of center L,R,L (cts1,&,2)
3	rock R frwd, L back (cts1,2)
4	touch R heel across L (ct1), touch R heel out to side (ct&), touch R heel across L (ct2), fall on R lifting L out to L (ct&)
5-6	repeat ms 4 twice falling on L (ct1)
7	step L behind R (ct1), fall R (ct2)
8	step L behind R (ct1), fall R (ct2)
9	step L in front of R (ct1), step R (ct&), step L toL (ct2), step R (ct&)
10	repeat ms 9
11	step L in front of R (ct1), step R (ct&), step L toL (ct2), step R in front of L (ct&)
12	step L (ct1), step R (ct&), step L (ct2)

Dance notes by Maria Reisch

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