

POLOXIA II  
(Oltenia, Romania)

Record: "Roemeense Volksdansen Deel 3" Nevofoon 15012, side 2, band 3  
 Music: 2/4 (16 measure introduction)  
 Formation: Short lines of M and W (mixed), hands joined in V pos.  
 Style: Choppy or staccato rather than smooth.

Meas	Ct	Pattern
<u>FIGURE I. FORWARD AND BACK</u>		
1	1	Step fwd on R
	2	Step fwd on L
2	1	Step fwd on R with slight accent
	&	Step fwd on L with slight accent
	2	Step on R fwd (or beside L) with slight accent
3	1	Step bkwd on L
	2	Step bkwd on R
4	1	Step L beside R ft
	2	Swing R leg (with bent knee) CCW, ending in front of L
5-8		Repeat meas 1-4
9	1,2	Repeat meas 4, opp ftwk
10	1,2	Repeat meas 4
<u>FIGURE II. STEP-CLOSES &amp; LEG SWINGS</u>		
11	1	Small step fwd on R
	&	Close L to R ft
	2	Repeat meas 11, cts 1,&
12		Repeat meas 11
13	1	Repeat meas 11, ct 1,&
	2	Small step fwd on R
	&	Hold
14	1	Turning to face slightly to the L, leap onto L ft in place, swinging straight R leg across in front of L and with toe pointed
	2	Hop on L, swinging R diag back to the R with bent knee
15	1	Hop on L again, swinging straight R leg low across in front of L and with toe pointed
	2	Hop on L once more, swinging R diag back to R, knee bent
16-17		Turning to face slightly to R, repeat meas 14-15, opp ftwk
18	1	Turning to face slightly to L, leap onto L ft in place, touching R heel across in front of L
	2	Hop on L ft, touching ball of R ft slightly diag back to the R
19-20		Repeat meas 18 twice
<u>FIGURE III. JUMPS, LEG SWINGS &amp; TWIZZLES</u>		
21	1	Facing ctr, jump in place with feet together
	2	Jump in place with feet apart
22-23		Repeat meas 21 twice
24	1	Jump in place with feet together
	2	Hold

(continued next page)

POLOXIA II (continued)

Meas	Ct	Pattern
25-26		Turning to face slightly to R, repeat meas 16-17
27-28		Repeat meas 14-15
29	1	Small hop on L while pivoting slightly to R and starting to swing R leg in a CW arc
	2	Slap straight R leg diag fwd to R
30	1,2	Hold
31	1	Small step bkwd on R, touching ball of L ft in front and L heel turned in slightly ("twizzle")
	2	Small step bkwd on L, touching ball of R ft in front and R heel turned in slightly
32		Repeat meas 31 ("twizzle,twizzle")

Presented by Sunni Bloland  
Notes by David Chang

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