

"Polster Tanc", a dance performed at weddings in Slovenia, is very reminiscent of an American game called "Spin the Bottle". In the old country, a forfeit was paid by the dancer who had been kissed, on leaving the circle. This was a free donation of money, placed on a large platter on a table just outside the circle. It was later turned over to the bridal couple to start them off on their new life. The dance can also be done without anyone paying forfeits or anyone leaving the circle if it happens to be a small group and they so desire.

For as many as will in a large circle. Hands are joined. One person in the center (preferably a man to begin with) with a pillow in his hands.

PART I:

Weas. 1-8 Circle moves CW with waltz step. Man in center moves in opposite direction, looking for a partner.

Meas. 9-16 Circle moves CCW with waltz step. Man in center moves in opposite direction, still looking.

PART II:

Meas. 17-20 Han in center chooses girl partner. He places the pillow on the ground in front of her. But h kneel on the pillow and kiss and/or embrace. The dancers in the circle stop dancing during this interlude.

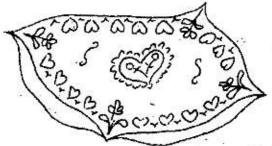
PART III:

Meas. 21-36 The kneeling couple stand and take polka position carrying the pillow with them. They dance polka together in the center of the circle. The circle of dancers do the polka moving to the left and then to the right.

To continue the dance, the man leaves the circle and pays his forfeit while the girl, carrying the pillow, goes through the same procedure until she chooses her male partner. This keeps up until the end of the record. An important item to remember is that the men pay the forfeit only.

NOTE: On the record, an additional 16 measures of polka are added to the end.

This dance taught by Dick Crum at Folk Dance House & Maine Folk Dance Camp



Dance directions from FOLK DANCE HOUSE' 108 West 16 Street, New York City Established in 1940, Michael Herman, Director.
This record is one of a series of over 300 folk dance records on THE FOLK DANCER LABEL. Send for catalog please.