

POTRČANO-- Skopje region

(Line dance, no partners)

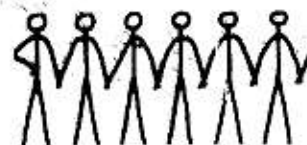
Ποτρυάχο

Translation: Hurrying

Rhythm: 7/16 (♩.♩♩) counted 1-and, 2-and, 3-and-ah,
or "slow quick quick".

Record: Folkraft LP-15, side B band 6 (2:12)

Starting Position: "V" position. Right foot free.



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Music 7/16

Measure

VARIATION I-- Basic

- 1-2 Facing slightly and moving right, two HOP-STEP-STEPS (left) forward.
- 2-3 Continuing, two TWO-STEPS (right, left) forward.
- 5 ♩.♩ Continuing, STEP-HOP (right) forward (counts 1 2-3).
- 6-7 Turning to face slightly and moving left, two HOP-STEP-STEPS (right) forward.
- 8-10 Turning to face center, three STEP-HOPS (left, right, left) in place.

NOTE: All hops are so slight as to be almost "lifts".

VARIATION II-- Squat-kick (Men)

- 1-10 As I above except SQUAT-KICK instead of STEP-HOP during measures 5 and 8-10.

VARIATION III-- Turn

- 1-10 As I above except release hands and turn counterclockwise twice around while moving left during measures 6-7.