

# Povardarsko Oro

(Skopje-region, Macedonia)

This is a 5 meas. Krsteno (crossing)- type dance from the Varder River region. It is in a 13/16 meter.

SOURCE: Angele Dimovski

FORMATION: Open circle, "W" hold

RHYTHM: 13/16 Dancer's cts: 1 2 3 4 5

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METER: 13/16

PATTERN

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Meas

- 1 Facing slightly R of center, hop of L and lift R up in front (ct.1);  
Bounce on L again (ct.2);  
Step R fwd (ct.3); step L fwd (ct.4); step R fwd (ct.5).
- 2 Before ct.1 lift slightly on R and step L fwd on count (ct.1); lift on L (ct.2);  
Step R fwd (ct.3); turning to face center, step L. Fwd (ct.4); step R back (ct.5).
- 3 Lift on R bringing L up and fwd (ct.1); bounce on R (ct.2);  
Step L to L (ct.3); step R to center in front of L (ct.4); step L back (ct.5).
- 4 Reverse action of meas.3.
- 5 Repeat action of meas. 3.