

POVRATENO

Line dance of Macedonia, originally done by men; now mixed
Record: Folkdancer Label, MH 3040

Part I Basic Dance

- 1 Facing slight right, lift on LF, raising right knee in front (ct.1); take step forward on LF (ct. 2)
- 2-3 Take 2 more lift-steps, starting on RF
- 4 Step with LF slight across and in front of RF (ctl.1); return weight to RF in place (ct. 2)
- 5-8, Repeat 1 -4 in the opposite direction (moving Left) using opposite footwork

Part II Variation

- 1 Ct. 1 Lift on LF raising right knee up in front
Ct. 2 Step on RF, moving to right
Ct. & Close LF to RF (near Right heel), a two-step (RLR)
- 2 Ct. 1 Step on RF, moving to Right
Ct. & Pause
Ct. 2 Step on LF moving Right
Ct. & Close RF to LF (a two step LRL)
- 3 Ct. 1 Step on LF moving to right
Ct. 2 Step with RF moving to right
- 4 Facing center, step Forward with LF (ctl) return weight to RF in place (ct.2); just as in Part 1.
- 5 -8 Movements of 1 thru 4 are now repeated in the opposite directions with opposite footwork.

Part III Variation

Same footwork as Variation Part II. During the two 2-steps however, dancers release hands and make a full turn in the direction of movements. As the turn is completed, dancers rejoin hands.

Note: When the music speeds up, the above steps are done, Hands held down, and with more vigor, all lifts becoming definite hops. When doing the fast form of Variation Part II, a little double hop may be inserted in place of the third hop-step.

Directions by Ann Litvin
(as per Dick Crum)