

# Pravo Šopsko Horo

(Gabra, Bulgaria)

This dance comes from the Eastern Šop town of Gabra, home of the Iliev family. This form was learned from Georgi, Petur's father, at the Old World Music and Dance Camp.

MUSIC: Steve's Stockton '97, The Big 50; Laguna Folkdancers Festival 2006 CD  
FORMATION: Line or open circle with belt hold.

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METER: 2/4

PATTERN

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Meas

## **I. ZAIGRAJ V DESNO LEVO (dance to R and L)**

- 1 Facing slightly R of ctr, leap fwd onto R to R while kicking L up and behind (ct 1); step fwd on L (ct 2).
- 2 Repeat meas 1.
- 3 Turning to face ctr, step on R to R (ct 1); hop on R in place and lift L knee up in front (ct 2).
- 4 Repeat meas 3 with opp ftwk and direction.
- 5 Repeat meas 3.
- 6-10 Repeat meas 1-5 with opp ftwk and direction.

## **II. IZ TURSII (shake it out)**

- 1 Facing slightly R of ctr, čukče on L and kick R fwd down and back (ct 1) (Georgi kicks down, whereas his son, Petur, does more of a fwd and up scoop-kick); step on R slightly to R (ct &); step on L beside R (ct 2).
- 2 Repeat meas 1.
- 3 Facing ctr, draw R sharply back scissor-like to place and kick L fwd low (ct 1); draw L back and kick R fwd low (ct &); draw R back and kick L fwd low (ct 2).
- 4 Repeat meas 3 with opp ftwk (scissor with L).
- 5 Repeat meas 3.
- 6-10 Repeat meas 1-5 with opp ftwk and direction.

## **III. ZASREŠNI**

- 1-2 Repeat Fig II meas 1-2.
- 3 Bending upper body slightly forward, touch R heel (knee extended) to R side (ct 1); step on R across in front of L (ct 2).
- 4 Lift on R and bring L out to L and around in front (low) (ct 1); step on L across and in front of R (ct 2).
- 5 Run-step back on R (ct 1); run-step back on L (ct 2).
- 6 Jump onto both ft (ct 1); hop on R in place lifting L up slightly in back (ct 2).
- 7-12 Repeat meas 1-6 with opp ftwk.

**IV. NABIVANE (stamp) (transition, done only once)**

- 1-2 Repeat Fig II, meas 1-2.
- 3 Leap onto R to R (ct 1); strike L heel in front of R (ct 2).
- 4 Leap onto L to L (ct 1); step on R across and behind L (ct 2).
- 5 Repeat meas 4.
- 6 Jump onto both ft about shldr-width apart (ct 1); hop on L and lift R (knee bent) sharply in front of L knee (ct 2).
  
- (follows transition)
- 7 Moving fwd to ctr, step fwd on R (ct 1); step fwd on L near R (ct &); step fwd on R (ct 2).
- 8 Repeat meas 7 with opp ftwk.
- 9 Repeat meas 7.
- 10 Leap onto L to L (ct 1); strike R heel in front of L (ct 2).
- 11 Backing out, step back on R (ct 1); step back on L (ct 2).
- 12 Repeat meas 11 moving fwd.
- 13 Leap onto R to R (ct 1); strike L heel in front of R (ct 2).
- 14 Repeat meas 10.
- 15 Repeat meas 13.
- 16 Repeat meas 6.