

Presented by Dani Dassa

RACHEL
Israel

TRANSLATION: A women's name

PRONUNCIATION: Rah-hell

CHOREOGRAPHER: Dani Dassa

RECORD: Rikud, DAN-006, (LP), Side A, Band 1

FORMATION: Cpls with M back to ctr, both hands joined and down.

STEPS: Yemenite R: Step R to R, leave L in place (ct 1); step L in place (ct 2); step R across L (ct 3); hold (ct 4).
Yemenite L done with opp ftwk.

METER: 4/4

PATTERN

Cts.

INTRODUCTION: 4 meas (begin with vocal)

- PART I: (Ftwk described for M, W use opp ftwk)
 1-3 Yemenite R, lifting joined arms fwd (ML,WR) on ct 3.
 4 Step L back, arms come back down.
 5-7 Turning to R, step RLR.
 8 Step L to L.
 9 Step R across L.
 10 Leap L on L.
 11 Step R fwd with slight plie.
 12 Shift wt back onto L.
 13 Leap R to R.
 14 Step L fwd and face ptr, hands cross in front and snap.
 15-16 Shift wt back on R; step L fwd.
 17 Change places with ptr stepping R fwd with snap
 18 Step L fwd.
 19-20 Step R fwd and snap fingers while turning 1/4 to L; hold.
 21 Pivoting on R, turn 1/4 to L.
 22-24 Yemenite L joining both hands to face ptr in opp place.
 25-48 Repeat cts 1-24, end in starting pos.

49-62 Repeat cts 1-14.

63-64 Step R back; L fwd.

65-66 Close R to L making 1/4 turn L to face CCW (LOD, ptr join L hands fwd and R hands behind WR Shldr; hold.

PART II: (Ftwk same for both unless otherwise noted.)

1-3 Step R,L,R fwd, plie on ct 3.

4 Step L back, release R hands.

5 Step R, turn 1/2 to R (ML hand moves to back of W waist).

6-7 Step L fwd; R back.

8 Step L to L and turn 1/4 L (back to beginning pos of Part II).

9-12 Step R,L,R fwd; hold.

13-16 Yemenite L.

17-20 Hands joined - M: In place step R,L,R, hold.
W: Step R,L,R turning 1/2 under L hand arch; hold.

21-24 Step L,R,L (M back, W fwd) moving tog with hands joined in front; hold.

25-32 With hands joined, lift L arms up and circle once to L (same pos as beginning of Fig.), M in place and W moving fwd with 8 steps, beg R.

33-60 Repeat cts 1-28.

61-62 Step R; hold.

63-64 Lean and step on L; hold and release hands

65-66 Pivoting on R, W turn 3/4 turn to R, M do 2 steps bkwd, R,L.

67-74 M: Yemenite R,L
W: Yemenite L,R.

Repeat dance from beginning.

*Continued...
(ERRATA)*

RACHEL

- 123 Pronunciation, correct to: Rah-ell
Part I, cts 1-3, delete and replace with: Step R to R (ct 1);
Step L to L (ct 2); step R across L, turning away from ptr to
step with knee bend to face LOD, bringing ML, WR arms up in
an arch (ct 3).
Part I, ct 14, snap fingers with R hand on top
" ", " 15-16, change fwd to beside R (up on toes).
" ", " 17, change to:...stepping down R fwd with snap
(R han on top).
- 124 Part I, cts 65-66, line 2, change to: L hands extended fwd....
" ", " 63-64; release L hands
" ", " 65-66, change end to read:..bkwd while changing
hands R,L