## 1982 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

## Presented by Dani Dassa

## RACHEL

TRANSLATION: A women's name

PRONUNCIATION: Rah-hell

25-48

CHOREOGRAPHER: Dani Dassa

RECORD: Rikud, DAN-006, (LP), Side A, Band 1

FORMATION: Cpls with M back to ctr, both hands joined and down.

STEPS: Yemenite R: Step R to R, leave L in place (ct 1); step L in place (ct 2); step R across L (ct 3); hold (ct 4).

Yemenite L done with opp ftwk.

METER:	4/4 PATTERN
Cts.	INTRODUCTION: 4 meas (begin with vocal)
1-3	PART I: (Ftwk described for M, W use opp ftwk) Yemenite R, lifting joined arms fwd (ML,WR) on ct 3.
4	Step L back, arms come back down.
5-7	Turning to R, step RLR.
8	Step L to L.
9	Step R across L.
10	Leap L on L.
11	Step R fwd with slight plie.
12	Shift wt back onto L.
13	Leap R to R.
14	Step L fwd and face ptr, hands cross in front and smap.
15-16	Shift wt back on R; step L fwd.
17	Change places with ptr stepping R fwd with snap
18	Step L fwd.
19-20	Step R fwd and snap fingers while turning 1/4 to L; hold.
21	Pivoting on R, turn 1/4 to L.
22-24	Yemenite L joining both hands to face ptr in opp place.

Repeat cts 1-24, end in starting pos.

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- 49-62 Repeat cts 1-14.
- 63-64 Step R back; L fwd.
- 65-66 Close R to L making 1/4 turn L to face CCW (LOD, ptr join L hands fwd and R hands behind WR Shldr; hold.
- PART II: (Ftwk same for both unless otherwise noted.)
- 1-3 Step R,L,R fwd, plie on ct 3.
- 4 Step L back, release R hands.
- Step R, turn 1/2 to R (ML hand moves to back of W waist).
- 6-7 Step L fwd; R back.
- 8 Step L to L and turn 1/4 L (back to beginning pos of Part II).
- 9-12 Step R,L,R fwd; hold.
- 13-16 Yemenite L.
- 17-20 Hands joined M: In place step R,L,R, hold.

  W: Step R,L,R turning ½ under L hand arch; hold.
- 21-24 Step L,R,L (M back, W fwd) moving tog with hands joined in front; hold.
- 25-32 With hands joined, lift L arms up and circle once to L (same pos as beginning of Fig.), M in place and W moving fwd with 8 steps, beg R.
- 33-60 Repeat cts 1-28.
- 61-62 Step R; hold.
- 63-64 Lean and step on L; hold and release hands
- 65-66 Pivoting on R, W turn 3/4 turn to R, M do 2 steps bkwd, R,L.
- 67-74  $\underline{\underline{M}}$ : Yemenite R.L. Yemenite L.R.

Repeat dance from beginning.