

RAVNO ORC
Macedonia

This dance is generally done in the Skopije area of Macedonia. When done in some other areas there maybe slight changes to the dance. The dance was presented by George Tomov at the 1981 San Diego S.U.F. D. Conference. Ravno was originally presented to folk dancers in 1963 by Dennis Boxell with slightly different styling.

PRONUNCIATION: Rahv-noh Ohr-oh

RECORD: George Tomov GT (LP) 104, Side A, Band 2.

FORMATION: M and W in separate lines. M in shldr hold (T), W in "W" pos with little pinkies joined.

RHYTHM: 2/2 increasing in tempo to 2/4. Music A in 2/2, music B in 2/4.

STEPS: Scissors L and R: Step L while R cuts fwd low to ground (ct 1); step R while L cuts low to ground (ct 2).

METER: 2/2 & 2/4

PATTERN

Meas.

INTRODUCTION:

Long accordian solo in slow tempo, break in music, then begin dance.

FIG. I: (Music A)

Note: The dance begins with meas 5. Continue Fig. I to end of Music A and end with meas 8.

- 5 Step L fwd and slightly diag L (ct 1); lift R leg in front of L (ct 2)
- 6 Step R bkwd and slightly diag R (ct 1); softly cut L bkwd across R (ct 2).
- 7 Step L fwd and slightly diag L (ct 1); leap on R in front of L with plie and tuck L leg in back of R knee (ct 2).
- 9 Facing slightly R and moving in LOD, step R in LOD (ct 1); bounce on R (ct &); step L across R in LOD (ct 2).
- 10 Repeat meas 9.

- 1 Face ctr and step sdwd R to R (ct 1); lift on ball of R ft while lifting L leg in front of R (ct 2).
- 2 Repeat meas 5 (step L, lift R).
- 3 Repeat meas 6 (step R, cut L bkwd).
- 4 Repeat meas 7 (step L, leap R).

FIG. II: (Music B)

- 1-2 Facing slightly R and moving in LOD, do 4 high running steps fwd, R,L,R,L.
- 3 Turning to face ctr, step R to R, leave L in place (ct 1); bounce twice on R (ct 2,&).
- 4 Step L in place (ct 1); bounce twice on L (cts 2,&).
- 5 Repeat meas 4 with opp ftwk (step R, bounce R).
- 6 Facing slightly L and moving to L, do 2 high running steps, L,R.

- 7 Face ctr and do 2 scissors in place, L,R.
8-9 Repeat meas 4-5 (step R, bounce, step L bounce)
10 Repeat meas 6 (run L,R).
11 Face ctr and step L to L (ct 1); facing slightly R hop on L in place, lift R bkwd (ct 2)

Continue Fig. II to end of Music B, end with meas 4.

ENDING:

M, with wt on R bring L ft fwd (high), then bring L behind R knee in a large arc and finally squat on R in this pos.

W simply bring L fwd then in small arc to back of R ankle and hold.

M ftwk large and exaggerated, W small and dainty

Presented by Maria Reisch
Treasurers' Ball Institute
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