

LA RESBALOSA  
(Chile)

Music: Chilean recording (not presently available in the U. S.) Write Jim Graham, 4301 Terry Lake Road, Fort Collins, CO 80523, for cassette tape copy. (\$1.00 including postage.)

Formation: Couples. Facing partner, about 8' apart (anywhere on the floor).  
If desired: two lines, men on one side, women on the other, for teaching or presentation purposes.

Rhythm: 6/8

Steps: Resbalosa Step: Handkerchief in R hand, L hand hanging free (or women holding skirt; or men holding open vest or jacket)  
Weight on L ft, brush R ft fwd & back in front of L ft (1-2-3-4-5-6) = 1 meas  
Shift weight to R ft, brush L ft fwd and back in front of R ft = 1 meas  
At same time:

Meas 1 (when R ft is in front): wave handkerchief in R hand at partner with circular movement of wrist  
Meas 2 (when L ft is in front): bring R hand down and behind.

Note: Man's use of the handkerchief is aggressively wooing the woman, to get her attention.  
Women should be more shy and coquettish. Women do not take the initiative in the courting process - just enough to give the man a "come on."

Change Step: (Bleking step cf. La Raspa)

Position: Facing partner. Both hands holding handkerchief behind the back. Shoulders hunched forward.

Meas 1 - Facing slightly to right:  
1 - 2 - 3                      4 - 5 - 6  
R heel forward,              L heel forward  
weight on L                      weight on R

Meas 2 - 1 - 2 - 3                      4 - 5 - 6  
R L R                                      pause

Meas 3-4 - Same beginning with L heel fwd, facing slightly left.

Zapateado: (1) Stamp L, (2) hit floor w/R heel, (3) step on R

One meas (six counts) = two zapateado steps (L R R, L R R)  
(1-2-3 4-5-6)

At same time: R hand up waving handkerchief with circular motion of wrist; L hand in Resbalosa step.

*Continued...*

## MUSIC 6/8

## PATTERN

## Sequence:

I Introduction (20 measures)

Facing partner. Throw handkerchief up on the L shoulder so that hands are free for clapping. Clapping is done w/fingers pointed upward and hands about shoulder height. Clap alternately slightly to the R, then slightly to the L. Two claps per measure (1-2-3 4-5-6).  
 clap clap

Meas 1 - 16: clap 32 times

Meas 17 - 20: interlude (musical "vamp"); eight counts

II Resbalosa Step (16 measures) The dancing begins with the singing

Meas 1-4: Four resbalosa steps beginning w/R ft in front (and handkerchief up) moving toward partner.

Meas 5-8: Four resbalosa steps backing away from partner.

Meas 9-16: Repeat.

III Change Step (8 measures)

Meas 1-2: R, L / R-L-R-pause (facing slightly R)

Meas 3-4: L, R / L-R-L-pause (facing slightly L)

Meas 5-8: Repeat

IV Zapateado (8 measures)

Meas 1-2: Four zapateado steps moving toward partner to reach a position side by side w/partner, R shoulder to R shoulder

Meas 3-4: Stamp, stamp, stamp stamp, pause  
 1-2 3-4 5-6 1-2 3-4-5-6

Meas 5-6: Continue w/four zapateado steps to reach partner's former position

Meas 7-8: Four stamps turning to face partner, ready to start from introduction.

Most recordings play the whole dance three times through. The last time, in measures 5-8 of the zapateado, instead of continuing to your partner's former position, stay next to your partner; keep R shoulders back to back (while waving the handkerchief as usual about head height or higher) and do the four zapateado steps moving in clockwise direction on measures 5 and 6. On the four stamps (meas 7-8), face partner. Then with the final chord of music, raise the handkerchiefs high in the air and shout "huifa!"

Dance notes by Jim Graham who lived in Chile for six years.