

RÂČENICA NA HORO / Trakija variant

Bulgaria

1st FR 110 Feb '89

7

TRANSLATION & ORIGIN : "Line Râčenica from Thrace, Bulgaria.

METER : 7/8  counted here as 
Q Q S

MUSIC : - Cassette JL/YM 1988.03 Side A, Nr. 14
- LP Balkanton BHA 11055 Side A, Band 3 "Zamâkra Radka".
Perf. Orch. "Gajtani"
- Any other somewhat subtle Trakijska singing Râčenica in moderate tempo.

STYLE : Trakijski
- slight knee bend position
- the steps are mainly done on the whole ft
- "earthy quality"

SOURCE : This version of Râčenica na Horo was taught by Yves Moreau at the third Yves & Jaap Bulgarian styling workshop in Montreal, Canada in november 1988.

FORMATION : Open or half circle.
Hands held at W-position

INTRODUCTION : 8 measures

MEAS PATTERN

- 1 small lift on L ft followed by a step on R ft sdwd R (ct 1),
 lift L ft off the floor (ct 2),
 step on R ft behind L ft (ct 3)
- 2 repeat action of meas 1
- 3-4 facing diag R, moving in LOD
 two "Trakijska Râčenica-steps" RLR, LRL
- 5 facing and moving toward ctr,
 step on R ft (ct 1-2),
 leap onto L ft (ct 3)
- 6 stamp R ft, without wt, next to L ft,
 at the same time pushing both arms in a small CCW vertical
 circle fwd (ct 1),
 hold (ct 2-3)
- 7-8 facing ctr, moving bkwd,
 two "Trakijska Râčenica-steps" RLR, LRL

Courtesy of Yves Moreau

Dancedescription and presentation by Jaap Leegwater © 1989

LAGUNA FOLKDANCERS FESTIVAL
FEBURARY 10-12, 1989