

'S FROMM EM BABELI

Errata: Part II (B) add: Meas. 23-24 - Repeat turn with L W while R W  
MUSIC: RECORD - FOLK DANCER NH 1114-A. ALTHOUGH THE MUSIC IS WRITTEN IN 2/4 METER, IT IS VERY SLOW AND HAS THE TEMPO OF 4/4 TIME. turns in place.  
FORMATION: THIS IS A DANCE FOR ONE M AND TWO W. ONE M WITH ONE W ON EACH SIDE STAND IN A LINE FACING LOD. INSIDE HANDS ARE JOINED SHOULDER HEIGHT, OUTSIDE HANDS ON HIPS.

MEAS. I. CIRCLE AND GATES

- 1-8 (A) WITH HANDS JOINED IN A CIRCLE OF THREE, WITH ARMS OUTSTRETCHED, TAKE 8 "SCHOTTISCHE-HOPS" (HOP-STEP-TOGETHER-STEP) CW BEGINNING L FT.  
9-16 REPEAT 8 "SCHOTTISCHE-HOPS" CCW BEGINNING L FT.  
(B) GATES POS. - STAND IN A LINE, M BETWEEN THE TWO W FACING LOD. HANDS ARE HELD ABOVE HEAD HEIGHT WITH GRIP FOR GATES. NEVER RELEASE HANDS DURING FIGURE.  
17-24 WITH 16 STEP-HOP W CIRCLE M TWICE, W ON L MOVING CW, W ON R MOVING CCW. WHEN MEETING IN FRONT AND BEHIND THE M, THE W SLIP INTERCHANGEABLE, THRU GATE OF THE M AND OTHER W. (W ON L GOES THRU THE GATE IN FRONT OF M AND W ON R THRU THE GATE IN BACK OF THE M.) THE M TAKES STEP-HOPS IN PLACE MOVING SLIGHTLY BWD AND FWD TO MAKE WAY FOR THE W.  
17-24 REPEAT GATES FIGURE.  
RPTD.

II. MILL AND ACHTERUMSPRINGEN (EIGHT SPRINGING)

- (A) POSITION FOR MILL OF THREE R: EACH GRIPS FROM ABOVE, THE R WRIST OF DANCER IN FRONT. ARMS ARE STRETCHED AS BODY LEANS OUTWARD. L HANDS ON HIPS.  
1-8 TAKE 8 SCHOTTISCHE-HOPS CW BEGINNING L FT. ON CONCLUSION MAKE HALF TURN R AND TAKE GRIP FOR MILL OF THREE L.  
9-16 TAKE 8 SCHOTTISCHE-HOPS CCW BEGINNING L FT.  
(B) ACHTERUMSPRINGEN. TAKE POSITION (FACING LOD) IN A ROW M WITH W ON EACH SIDE.  
17-18 M AND W ON R, HOOK R ELBOWS AND TURN WITH 4 STEP-HOPS CW.  
19-20 M AND W ON L, HOOK L ELBOWS AND TURN WITH 4 STEP-HOPS CCW. AT SAME TIME W ON R TURNS IN PLACE CW (HANDS ON HIPS) WITH 4 STEP-HOPS.  
21-22 REPEAT TURN WITH R W WHILE L W TURNS IN PLACE.  
19-24 REPEAT ACTION 17-24. RECORD REPEATS DANCE FROM THE BEGINNING, TO THIS POINT, DANCING THE WHOLE DANCE TWO TIMES IN ALL, AND THEN THE CONCLUSION IS DANCED.  
CONCLUSION - REPEAT FIGURE I (A) THAT IS  
1-3 CIRCLE OF THREE MOVE CW WITH 8 SCHOTTISCHE-HOPS.  
9-16 CIRCLE OF THREE MOVE CCW WITH 8 SCHOTTISCHE-HOPS.  
WHEN DANCED TO "LIVE MUSIC" THE DANCE MAY BE DONE ONLY ONCE, FINISHING WITH CONCLUSION OR REPEATED AS MANY TIMES AS DESIRED AND THEN DANCING THE CONCLUSION. (BY L.C.)  
FOLK DANCE GAME 1955