

SONDERBORG DOUBLE QUADRILLE  
(Danish)

RECORD: Victor AL 1291

FORMATION: Two lines – 4 couples in each line or 8 couples in each line

ACTION:

- 1 Circle 16 counts left and back to right 16 counts (top 4 couples in one circle – bottom 4 in another, hands joined)
- 2 Top two (sometimes 4) people join right hands with person opposite and promenade down center 8 counts and back (8 counts)  
Bottom  
two or four persons do the same.
- 3 Right and left through with opposite couple (taking hands) and back 16 counts
- 4 Circle 4 hands with opposite couple – 16 counts to left.
- 5 Polka with partner around opposite couple twice and a half ending in other couples position facing a new line.

Music for German Version – Methodist 115, also T 6120

German Version differs as follows:

- 4 couples face four couples
- Action 3 is done twice
- Action 4 - there are 16 steps to right and 16 to left
- Action 5 - Polka is done around area described by original formation ccw in a kind of oval course and back to place

'STROMMT EM BABELI  
(Babeli, Dream)

Folk Song and Dance from Appenzell

RECORD: Folk Dancer MH 1114

FORMATION: One man stands between two girls, facing forward, hands joined shoulder high. When hands are free fists are on hips.

ACTION: I. CIRCLE AND ARCHES

Meas. 1-8 (Join hands in small circle of three-arms stretched taut) Eight Swiss schottische steps to left, beginning with L foot (step, together, step, hop) - very deliberate.

Meas. 9-16 Repeat in opposite direction, beginning with L foot. End all facing forward, boy holding hand of girls on either side in arches.

Meas. 17-24 The two girls circle around the boy with left lady going clockwise and the right lady ccw. Right hand lady goes under the arch made by the boy and the left lady, then the left lady goes under, each with four step hops. The boy dances in place. Each girl goes

'STOMMT EM BABEL1 (cont)

twice around the boy in these 16 measures. Repeat all - taking advantage of the "passing under" to flirt with each partner.

II. THE MILL

The three make a right hand mill taking the right wrist of the person in front, leaning away from the center.

- Meas. 1-8 Eight Swiss schottische steps clockwise begin L foot, dropping hands on the last measure, making a half turn to the right.
- Meas. 9-16 Repeat in opposite direction, end with the three standing in a row.
- Meas. 17-24 Boy hooks right elbows with the R girl, four hop steps any and cw. Repeat with L elbows with L girl turn ccw. Repeat with each girl. In the meantime the girl who is not dancing places free hands on hips and turns with four step-hops in place R hand lady to the R and L hand lady to L. Repeat above twice with each girl - sometime to make a mixer the boy may move ahead and dance with the next two girls on this figure.

III. Repeat first part of dance (circling left and right without the arches. (Meas. 1-16)

The record is made so that the dance may be done twice.

If, in teaching this, attention is called to the whirling motion of the circles and the "Mill", dancers will find much more fun in the spirit of the dance. If the circling would be done only 4 schottisches to the left and right, it would be like cutting a New England contra swing off after just once around.

TAMPET

"Tampet" or "LaTempete" or "Tempest" is probably a variant of several contra dances of the past century. North German in origin, it received much wider distribution and now is a party favorite.

FORMATION: Rows of two couples each. Count rows off by two. Have number ones face number twos. Can be done in column or circle.

- Meas. 1-8 (With repetition) Circle of eight walk to the left and to the right.
- Meas. 9-16 (With repetition) Couples change sides within their rows with 4 gallop steps. Follow through with pointing right over left and left over right when going to the left. Reverse when going to the right. The original right couple passes in front. Repeat the same way, except that now the left couples pass in front.
- Meas. 17-24 (With repetition) Center four dancers form right hand cross; corners join hands forward. Walk first to the left around in place and then to the right (center with a left hand cross). Return to starting position.