

SABECHY YERUSHALAYIM

Dance: S. Gov-Ari
Music: Avihu Medina
Formation: Circle

PART I CCW, holding hands

- 1 - 4 Step R CCW and mayim step with L
- 5 - 6 Facing center, step R BWD, shift weight to L FWD
- 7 - 8 Raise R bent FWD, hold
- 9 - 12 Repeat 5-8
- 13 - 14 Sway sideways R,L
- 15 - 16 Pivot on R BWD thru right, face out, L raised bent
- 17 - 32 Facing out repeat 1-32 beginning L CCW

INTERLUDE Face Center

- 1 - 2 Step R to right, cross L over
- 3 - 4 Repeat 1-2

PART II

- 1 Step R to right to face CCW
- 2 - 3 Step L FWD, hop and turn BWD thru left, end facing CW R knee bent behind
- 4 - 5 Step BWD R,L
- 6 Step R to right to face center
- 7 - 8 Step L to left, close R
- 9 - 12 Yemenite R, hop on ct. 12 to right to face CCW
- 13 - 14 Step L FWD, CCW, step R bent to right with body slightly bent
- 15 - 16 Step L in place, close R
- 17 - 32 Repeat 1-16

PART III

- 1 - 2 Step R,L FWD, CCW
- 3 - 4 Step R to right, face center, step L heel to left, turn to face CW
- 5 - 6 Facing CW step BWD L,R
- 7 - 8 Stamp L toes behind, step R to right to face center, cross L over
- 9 - 16 Repeat 1-8 to center
- 17 - 18 Step R,L into center
- 19 - 20 Step R FWD to center and bend knee, extend L heel FWD
- 21 - 22 Step BWD to line-of-direction, L,R
- 23 - 24 Yemenite L
- 25 - 32 Repeat 17-24

PART IV Face center, hands FWD bent, palms up

- 1 - 2 Moving diagonally into center R to right, L to left
- 3 - 4 Step R heel FWD to center, step L FWD
- 5 - 8 Repeat 1-4
- 9 - 12 Step-bend R FWD, step L in place, repeat with R BWD
- 13 - 16 Turn BWD thru right with step-together-step R,L end facing out
- 17 - 32 Repeat 1-16 while facing out

ENDING Face center, hands as in Part IV

- 1 - 4 Balance R and L, step R to right, cross L over, snap
- 5 - 8 Repeat 1-4