

Sadilo Mome

(Macedonia)

Translate: A Girl was planting (Lillies).

Record: Folkraft LP-25, side A, band 4 (2:00) - orchestra.

Formation: Line dance, no partners. "V" position, R ft free.

Pattern

- 1-2 Facing slightly and moving R, two hop-step-steps (L) fwd.  
3-4 Continuing, two running two-steps (R,L) fwd.  
5 A long low step fwd on R ft, bending knee (ct 1), pivoting on R ft to face center (cts 2-3).  
6 A long low step fwd on L ft, twd center (ct 1), close R ft to L without touching floor (cts 2-3).  
7 Step bkwd on R ft (ct 1), close and touch just in front of R toe (cts 2-3).  
8 Hop sdwd L on R ft (cts 1-and), a small step sdwd L on L ft (ct "ah"), cross and step on R ft in back of L (cts 2-3).  
9 Repeat pattern of measure 8.  
10 Step-hop (L) in place, bending and raising R knee slightly.  
11 Leap onto R ft in place, bending and raising L knee (M high, W low)(ct 1), pause (cts 2-3).  
12 Three quick steps (L, R, L) in place (cts 1-ah-2).