

Saeynu - dance from Israel

2/1/10 - 2:45 p.m. Saeynu
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Carry us through the desert on the humps of the Camel Caravan. The part of the dance going into the center, to the music li, li, li, etc. signifies the tinkling of the many bells around the camel's neck. It is the music of the desert.

Formation: Open circle, facing center, hands held up bent at elbow (W position)

Part 1.

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| 1-2 | Brush R back, body leaning fwd, hands going down |
| 3-4 | Brush R fwd, off floor, body straight, hands up head ht |
| 5-6 | Elevate R knee slightly to _____ |
| 7-8 | Touch R heel down over L |
| 9-10 | Step R, L, moving CCW (L crosses in front of R) |
| 11-12 | Step R to Right side, facing center, pivot. |
| 13 | Cross L behind R |
| 14 | Step R to R side |
| 15-16 | Cross L in front of R and hold. |
| 17-18 | Step R to R side (face center) |
| 19-20 | Shift weight to L |
| 21 | Shift weight to R |
| 22 | Shift weight to L |
| 23-24 | Close R to L and hold |
| 25-48 | Repeat 1-24 |

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Part 2, Facing Center:

- 1-4 Step R fwd (1), brush L around back, slight lift on R (2), step L back, with slight lift on R (3), hold (4)
- 5-8 Repeat 1-4
- 9-11 Step R fwd (9), step L fwd (10), step R back (11)
- 12-14 Make 3-step full turn to L, releasing hands (R,L,R)
- 15-16 Close R to L (15) and hold (16)

- 17-32 Repeat 1-16

Part 3:

- 1-4 Going to center, step R,L,R, lift L slightly off floor
- 5-8 Step L,R,L, lift R slightly off floor
- 9-16 Repeat 1-8 moving backwards away from center

- 17 Step R back, hands down
- 18 Step L back
- 19-20 Step R fwd, lifting hands, brushing L fwd off floor
- 21-22 Touch L heel on floor
- 23-24 Touch L heel on floor
- 25-32 Repeat 17-24, starting with L
- 33-40 Yemenite step R and Yemenite step L

Note: After repeating dance twice, add two additional Yemenite step-hops, and lifting joined hands up, shift to R, shift to L, Close R to L, bringing hands down, body bent forward.