

SAINT BERNARD WALTZ
Scotland

Beginner

RECORD:

TYPE: Partner, ballroom dance position

INTRODUCTION: Yes.

- A. In LOD, beginning with outside feet: step, pause, close, step, pause, close, step, pause, stamp twice, pause 2 cts.
In RLOD: step, pause, close, step, pause 2 cts.
- B. Man backing up, woman fwd: step, pause 2 cts, step, pause 2 cts. REPEAT WITH WOMAN BACKING UP.
- C. Woman turns under joined hands (her R, his L) with 2 waltzes.
Do 4 waltzes in ballroom position.